

Hygyrchedd Gweithgareddau Gwersyll Llangrannog

Llangrannog Activity Accessibility Statement

(Diweddariwyd 2024 Updated)

<p>Canolfan Merlota:</p> <p><i>Equine Centre</i></p>	<ul style="list-style-type: none"> • Llwybr concrit i fewn ac o amgylch yn ganolfan • Ramp ar gael rownd ochr y Ganolfan i fynd ar gefn ceffyl • Llawnr y ganolfan ei hun yn tywod • Modd cael hyfforddwr ychwanegol i gerdded o gwmpas wrth ymyl y ceffyl <ul style="list-style-type: none"> • <i>Concrete path in to and around the Equine Centre</i> • <i>Ramp available to mount the horse</i> • <i>The Centre has a sand surface</i> • <i>Extra staff available to walk with the horse</i>
<p>Trampolins:</p> <p><i>Trampolining</i></p>	<ul style="list-style-type: none"> • Llwybr tarmac lawr i'r ardal • Os ddim yn gallu defnyddio bynjis modd rhoi net o gwmpas un trampolin a bowsio wrth eistedd <ul style="list-style-type: none"> • <i>Tarmac path to the area</i> • <i>If unable to use bungee we can use a net around the trampoline and child can sit or lie to bounce.</i>
<p>Cwods:</p> <p><i>Quad Biking:</i></p>	<ul style="list-style-type: none"> • Llwybr graean i fynd at y trac • Gan fod step rhwng y gysgodfan a'r trac modd agor y trac lan i gael cadair olwyn trwy. • Tra fod yr unigolyn ar y cwod gall cefnogi nhw drwy cael aelod o staff yn cerdded bob ochr y cwod a un yn dal y cefn os oes angen <ul style="list-style-type: none"> • <i>Gravel path to the track</i> • <i>Able to open the track for access for a wheelchair</i> • <i>While a child is on the quad, staff can hold and help as well</i>
<p>Ceirt Modur:</p> <p><i>Go Karting:</i></p>	<ul style="list-style-type: none"> • Llwybr graean lan at y trac • Cart 2 sedd ar gael (cart yn isel) – Oedolyn cygrifol neu hyfforddwr i dreifo • Gan fod step a dim lot o le rhwng y cysgodfan a'r lon pit mae modd agor y trac lan i gael mynediad <ul style="list-style-type: none"> • <i>Gravel path up to the track</i> • <i>2 seater Go Kart available (Kart is low) with responsible adult</i> • <i>Able to open the track for wheelchair access</i>

<p>Rhaffau Isel:</p> <p><i>Low Ropes:</i></p>	<ul style="list-style-type: none"> • Plysg coed yw'r llawr • Modd i hyfforddwyr ac eraill helpu unigolion llai abal wrth gerdded ar y llawr ar bwys nhw <ul style="list-style-type: none"> • <i>Surface is woodchip</i> • <i>Staff are able to help less able children by walking around with them</i>
<p>Saethyddiaeth:</p> <p><i>Archery:</i></p>	<p>Gampfa Waelod</p> <ul style="list-style-type: none"> • Llwybr concret o amgylch • Liff Cadair lawr steps i'r gwaelod • Llwybr o amgylch cefn yr adeilad gyda ramp l'r allanfa dan. <p><i>Lower Gym</i></p> <ul style="list-style-type: none"> • <i>Concrete path access and surrounding</i> • <i>Chair lift down to the Hall</i> • <i>Path surrounding the Hall and ramp to the fire exit</i> <p><i>Leisure Centre</i></p> <ul style="list-style-type: none"> • <i>Lift from the first floor down to Sports Hall</i>
<p>Y Twr:</p> <p><i>The Tower:</i></p>	<ul style="list-style-type: none"> • Llwybrau grean lan ac o gwmpas y twr • Grisiau yn mynd lan y twr <p>Weiren Zip</p> <ul style="list-style-type: none"> • Plysg coed yw'r ardal glanio • Modd rhoi person ar y zip ar y gwaelod a tynnu nol lan y wifren (hyn yn galluogi ni i reoli'r glanio) • Gosod system pwli i dynnu person lan i top y twr a'i trosglwyddo nhw i'r weiren zip (rhaid l'r unigolyn sy'n mynd lawr y zip wedyn rheoli sut mae nhw'n glanio) <p>Abseil</p> <ul style="list-style-type: none"> • Gosod system pwli i dynnu person lan i top y wal • Gall cael unigolyn arall yn mynd lawr wrth ymyl i helpu os oes angen <p>Bag Neidio</p> <ul style="list-style-type: none"> • Rhaif fod unigolion yn gallu neidio yn gywir a cael ei hunain bant o'r bag (Ni does hawl cael mwy na un person ar y bag ar yr un pryd) <p>Wal Ddringo (Auto Belay)</p> <ul style="list-style-type: none"> • Mae modd setio rhaff lan (top rope) er mwyn gallu belayo a dal pwysau'r unigolyn. • Gall cael unigolyn arall yn mynd lan wrth ymyl i helpu os oes angen <p>(Betsan a Rhydian wedi bod ar cwrs 'Climbing for All' BMC)</p>

	<p style="text-align: center;"><i>The Tower</i></p> <ul style="list-style-type: none"> • <i>Gravel path up to the tower and the surrounding area</i> • <i>Steps up to the tower</i> <p><i>Zipwire:</i></p> <ul style="list-style-type: none"> • <i>The landing zone is woodchip</i> • <i>Able to hoist a child at the bottom of the zipwire and pull back up the wire (we can then manage the landing as well)</i> • <i>We can run a pully system to hoist a child to the top of the tower and then transfer to the zipwire (this does mean less management of the landing at the bottom)</i> <p><i>Abseil Wall</i></p> <ul style="list-style-type: none"> • <i>Able to use a pully system to hoist a child to the top of the wall</i> • <i>Staff are able to help the decent if needed</i> <p><i>Jump Bag</i></p> <ul style="list-style-type: none"> • <i>Children must be able to jump correctly and get themselves off the bag (unfortunately 2 people aren't allowed on the bag).</i> <p><i>Climbing Wall (Auto Belay)</i></p> <ul style="list-style-type: none"> • <i>We can set a rope at the top in order to belay and hold the weight of a child</i> • <i>Staff are able to help the decent if needed</i> <p style="text-align: center;"><i>(Our staff members Betsan and Rhydian have attended BMC's 'Climbing for All' course)</i></p>
<p>Canolfan Ddringo: <i>Climbing Centre:</i></p>	<ul style="list-style-type: none"> • <i>Drws l'r ystafell citio gyda step bach</i> • <i>Modd agor y drws mawr allanol i gael mynediad mynediad haws</i> • <i>Llawr gwastad yn yr ardal citio ac yn y ganolfan ddringo</i> <p><i>Rhaffau Uchel</i></p> <ul style="list-style-type: none"> • <i>Grisiau yn mynd lan i top y cwrs</i> • <i>Gosod system pwli i dynnu person lan i top y rhaffau uchel</i> • <i>System tracs o gwmpas y cwrs (2:1 – 2 aelod o staff)</i> • <i>Belayo lawr o'r cwrs</i> <p><i>Wal Ddringo</i></p> <ul style="list-style-type: none"> • <i>Gall cael unigolyn arall yn mynd lan wrth ymyl i helpu os oes angen</i> <p style="text-align: center;"><i>(Betsan a Rhydian wedi bod ar cwrs 'Climbing for All' BMC)</i></p> <ul style="list-style-type: none"> • <i>Small lip at the entrance but able to open larger door to the centre if needed</i>

	<ul style="list-style-type: none"> • <i>Level entrance in the kit out room and in the Climbing Centre</i> <p><i>High Ropes</i></p> <ul style="list-style-type: none"> • <i>Stairs to the high ropes course</i> • <i>We can use a pully system to hoist a child to the top of the high ropes</i> • <i>There is a track system around the course (staffed 2:1)</i> • <i>Able to belay down from the high ropes course.</i> <p><i>Climbing Wall</i></p> <ul style="list-style-type: none"> • <i>Staff ar able to climb the wall side by side if needed</i>
<p>Pwll Nofio:</p> <p><i>Swimming Pool:</i></p>	<ul style="list-style-type: none"> • <i>Llwybr concrit i mewn i'r adeilad</i> • <i>Hoist i fynd mewn a mas o'r pwll nofio</i> • <i>2 Step rhwng yr ystafelloedd newid a ymyl y pwll (heibio'r cawod)</i> • <i>Nid oes tai bach anabl yn y pwll</i> <ul style="list-style-type: none"> • <i>Concrete path into the building</i> • <i>Hoist available to get in and out of the pool</i> • <i>2 steps between the changing room and edge of the pool (if via changing room)</i> • <i>There are no accessible changing rooms in the pool.</i>
<p>Y Ganolfan Hamdden: (Adeiladu Tim / Chwaraeon / Gemau Potes)</p> <p><i>Team Building / Sports / Games</i></p>	<ul style="list-style-type: none"> • <i>Llwybrau yn arwain mewn i dop yr adeilad</i> • <i>Lifft lawr o top yr Hamdden i'r neuadd chwaraeon</i> • <i>O ran y gwahanol gweithgareddau mae modd addasu'r gemau i siwtio'r grwp</i> <ul style="list-style-type: none"> • <i>Paths and entrance are accessible</i> • <i>Lift from the first floor</i> • <i>Regarding different games, we can adapt.</i>
<p>Gwylltgrefft a Adeiladu Lloches:</p> <p><i>Bushcraft / Shelter Building</i></p>	<ul style="list-style-type: none"> • <i>Llwybr graean / plysg coed draw i'r Ty Crwn</i> • <i>Ardal y weithgaredd yn eitha fflat ond ar tir anwastad (Plysg Coed)</i> <ul style="list-style-type: none"> • <i>Gravel path down to the Round House</i> • <i>Activity area is relatively flat, however surface is bark</i>
<p>Mynd am dro:</p> <p><i>Beach walk</i></p>	<ul style="list-style-type: none"> • <i>Bosib cael car lawr i Llangrannog i gwrdd a'r grwp</i> • <i>Son wrth y grwp fod rhan o llwybr yr arfordir rhwng Aberporth a Tresaith wedi cael ei neud yn arbennig at gadeiriau olwyn.</i> <ul style="list-style-type: none"> • <i>Able to meet group with a car at the village</i> • <i>There is a nearby accessible path between Aberporth and Tresaith especially for wheelchairs</i>



<p>Sgio a Gwibgartio:</p> <p><i>Skiing and Tobogganning:</i></p>	<ul style="list-style-type: none">• Llwybr Tarmac draw at y Ganolfan Sgio• ‘SitSkis’ ar gael• Os yn medru eistedd ar y sled gwibgartio mae modd i pobl eraill mynd lawr wrth ymyl yr unigolyn i gefnogi nhw <ul style="list-style-type: none">• <i>Tarmac path to the Ski Centre</i>• <i>We are able to provide Sit-skis</i>• <i>If able to sit the staff can support on the Toboggan slope</i>
<p>Jengyd:</p> <p><i>Escape Rooms:</i></p>	<ul style="list-style-type: none">• Llwybr concrit I fynd mewn i’r adeilad• Defnyddio drws top Penhelyg I osgoi grisiau o Tregaron <ul style="list-style-type: none">• <i>Concrete path into the building</i>• <i>Stairs are avoidable in to the building</i>

Toiledau Hygyrch ger Gweithgareddau / Accessible Toilets near Activities	
• Llethr Sgio	<i>Ski slope</i>
• Canolfan Hamdden	<i>Leisure Centre</i>
• Canolfa Ddringo	<i>Climbing Centre</i>
• Derbynfa	<i>Reception</i>
• Neuadd Fwyta	<i>Dining Hall</i>
• Canolfan Treftadaeth	<i>Heritage Centre</i>