

# Canlyniadau Athletau Uwchradd Talaith Y De

Safle	Enw	Ysgol	Amser	Pellter
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## Ciwydi Bl. 7 Bechgyn

1	Ben Moon	Plasmawr	12.9
2	Louis R Shugar	Glantaf	13.3
3	Morgan Smith	Cwm Rhymni – Gelli Haf	13.4
4	Owain Clarke	Gwyr	13.5
5	Evan Willis	Bryntawe	13.6
6	Adam Beagle	Llangynwyd	14.5
7	Steffan Calderbank	Rhydywaun	14.6
8	Rhodri Lewis	Ystalyfera	14.7
9	Scott Davies	Llanhari	15.1
10	Jordan Griffiths	Strade	15.2
11	Harri Thomas	Dyffryn Aman	15.6
12	Connor Mayho	Cwm Rhymni – Gwyndy	16: :
13	Rhys Wilkins-Jones	Gwynllyw	16.6
14	Dewi Hobbs	Garth Olwg	16.8
15	Efan Hoggendorn	Bro Eder	16.9

## Ciwydi Bl. 7 Merched

1	Carys Poole	Gwyr	11.2
2	Ellie-Rose Isaac	Glantaf	11.9
3	Lara Watts	Garth Olwg	12.5
4	Bo Lili Howells	Cwm Rhymni – Gelli Haf	12.7
5	Elen James	Cwm Rhymni – Gwyndy	12.8
6	Elin John	Plasmawr	13.2

Safle	Enw	Ysgol	Amser	Pellter
7	Joy Hall	Ystalyfera	13.4	
8	Gwyneth Bennett	Llangynwyd	13.5	
9	India Shanahan	Bro Eder	13.6	
10	Kate Woodward	Bryntawe	13.8	
11	Sarann John	Llanhari	14.0	
12	Seren Williams	Dyffryn Aman	14.3	
13	Megan Hancock	Gwynllyw	15.4	
14	Sophie Ellis	Strade	16.4	

### Clwydi Bl. & Bechgyn

1	Joseph Alexander	Plasmawr	13.2	
2	Iwan P Jones	Glantaf	13.3	
3	Owen Pritchard	Bro Eder	13.4	
4	Ben Harries	Cwm Rhymini – Gelli Haf	13.5	
5	Riley O'Maera	Cwm Rhymini – Gwyndy	14.0	
6	Steffan Stock	Gwyr	15.3	
7	Cameron McIntyre	Rhydywaun	15.5	
8	Ieuan Handcock	Gwynllyw	16.3	
9	Iori Vaughan	Strade	16.4	
10	Dylan Edwards	Llanhari	16.5	
11	Tomas Millner	Garth Olwg	17.6	
12	Nathan Blackmore	Bryntawe	17.8	
13	Finley Hines	Ystalyfera	17.9	

### Clwydi Bl. & Merched

1	Brooke Annandale	Bro Eder	12.7	
2	Alice Corden	Cwm Rhymini – Gwyndy	13.1	

Safle	Enw	Ysgol	Amser	Pellter
3	Jamie Holland	Gwyr	13.5	
4	Lily Wheeler Sexton	Garth Olwg	13.6	
5	Sophie Jones	Dyffryn Aman	13.7	
5	Cadi Enoch	Glantaf	13.7	
7	Maisie Goman	Plasmawr	14.2	
8	Bethan Williams	Bryntawe	14.4	
9	Megan Havard	Ystalyfera	15.2	
10	Kaci Lee Watkins	Llangynwyd	15.5	
11	Amelia Brogden Gles	Rhydywaun	15.6	
12	Ellie Rees	Strade	16: :	
13	Beth Eccles	Gwynllyw	16.1	
14	Ffion Davies	Cwm Rhymini – Gelli Haf	16.2	

### Clwydi Bl. 9 Bechgyn

1	Daniel Macdonald	Plasmawr	12.3	
2	Toby Williams	Strade	12.8	
3	Efan Loring	Rhydywaun	13.0	
3	Boaz Johnson	Glantaf	13.0	
5	Rhys Hall	Cwm Rhymini – Gwyndy	13.1	
6	Lewis Webb	Cwm Rhymini – Gelli Haf	13.4	
7	Ieuan Priday	Bro Eder	14.5	
8	Nathan Harding	Llanhari	14.6	
9	Ben Snadden	Ystalyfera	15.0	
9	Ben Mainwaring	Gwyr	15.0	
11	Sion Rees-Mills	Dyffryn Aman	15.1	
12	Dylan Matthews	Gwynllyw	15.9	

Safle	Enw	Ysgol	Amser	Pellter
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13	Aaron Mabe	Bryntawe	16.1	
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14	Thomas Stevens	Garth Olwg	16.9	
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### Clwydi Bl. 9 Merched

1	Lily Ivin	Cwm Rhymini – Gelli Haf	12.0	
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2	Leah Griffiths	Cwm Rhymini – Gwyndy	12.6	
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3	Macy Morgan	Glantaf	12.7	
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4	Tanisha Johnson	Bro Ederm	13.1	
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5	Alisha Williams	Bryntawe	13.3	
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6	Anna Melmoth	Gwyr	13.5	
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7	Charlotte Pearce	Plasmawr	15.4	
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8	Carmen Long	Rhydywaun	15.9	
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9	Ailani Britton	Dyffryn Aman	16.0	
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10	Caitlin Simon	Strade	16.2	
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11	Caitlyn Simon	Ystalyfera	16.2	
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### Clwydi Bl. 10 Bechgyn

1	Dan Hiscocks	Ystalyfera	16.2	
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2	Jo Samuel Dyer	Bryntawe	16.9	
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3	Ioan Lloyd	Glantaf	17.0	
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4	Mathew Wigglesworth	Dyffryn Aman	17.4	
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5	Daniel Jones	Plasmawr	18.1	
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6	Rhys Lewis	Cwm Rhymini – Gelli Haf	18.6	
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7	Adam Shalaby	Gwynllyw	19.4	
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8	Owain Davies	Gwyr	20.0	
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### Clwydi Bl. 10 Merched

1	Emily Thomas	Cwm Rhymini – Gelli Haf	12.8	
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Safle	Enw	Ysgol	Amser	Pellter
2	Caris Morgan	Gwynllyw	13.4	
3	Shani Evans	Glantaf	14.1	
4	Adrienne Emmanuel	Gwyr	14.7	
5	Jessie Day	Rhydywaun	14.9	
6	Alys Haynes	Plasmawr	15.2	
7	Catrin A Davies	Ystalyfera	15.6	
8	Nel Richards	Bryntawe	15.9	

### 300m 400m Bl. 7 Bechgyn

1	Rhodri Lewis	Ystalyfera	45.3	
2	Morgan Lloyd	Cwm Rhymini – Gelli Haf	45.4	
3	Cole Hansen	Bro Eder	46.1	
4	Iestyn Evans	Strade	46.6	
5	Lloyd Jones	Rhydywaun	46.9	
6	Lewis Brooks	Bryntawe	47.1	
7	Ellis Morgan	Gwynllyw	47.3	
8	Joe Williams	Gwyr	48.0	
9	Matthew Dyer	Plasmawr	48.1	
10	Rhys Nicholls	Llangynwyd	48.9	
11	Connor Mayho	Cwm Rhymini – Gwyndy	49.4	
12	Cai Green	Glantaf	49.7	
13	Max Gauci	Llanhari	50.3	
14	Harri Thomas	Dyffryn Aman	51.5	
15	Dylan Yeo	Garth Olwg	56.3	

### 300m 400m Bl. 7 Merched

1	Rosie Domican	Glantaf	45.1	
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Safle	Enw	Ysgol	Amser	Pellter
2	Darcy John-Cook	Cwm Rhymini – Gwyndy	48.0	
3	Moli Watts	Plasmawr	49.2	
4	Cameron Nicholls	Bryntawe	51.1	
5	Gabrielle Garcia	Gwyr	51.3	
6	Gwyneth Bennett	Llangynwyd	53.1	
6	Lili Jones	Rhydywaun	53.1	
8	Caitlin Crisp	Bro Eder	53.8	
9	Angharad Morley	Gwynllyw	54.0	
10	Seren Williams	Dyffryn Aman	54.8	
11	Holly Hughes	Cwm Rhymini – Gelli Haf	55.1	
12	Megan Gibson	Strade	56.2	
13	Cerys Bowden	Ystalyfera	57.6	
14	Millie Thomas Pitts	Llanhari	58.7	
15	Annwylun Pike	Garth Olwg	63.1	

### 300m 400m Bl. 8 Bechgyn

1	Jacob Hargreaves	Bro Eder	42.2	
2	Dan Edwards	Ystalyfera	43.8	
3	Jac Lloyd	Glantaf	44.7	
3	Elijah Carpenter	Cwm Rhymini – Gwyndy	44.7	
5	Bradley Davies	Bryntawe	44.8	
6	Kieran Sing	Rhydywaun	44.9	
7	Ben Stokes	Cwm Rhymini – Gelli Haf	45.8	
8	Josh Martin	Llangynwyd	46.1	
9	Ieuan Hancock	Gwynllyw	46.2	
10	Harvey Bourne	Plasmawr	46.7	

Safle	Enw	Ysgol	Amser	Pellter
11	Ioan Martin	Gwyr	47.6	
12	Shane Thomas	Strade	49.1	
13	Corey Thomas	Garth Olwg	51.6	

### 300m 400m Bl. 8 Merched

1	Alaw Evans	Glantaf	43.1	
2	Maisie Ovey	Gwynllyw	48.1	
3	Megan Wynne Jones	Plasmawr	48.3	
4	Paige Broad	Gwyr	49.6	
5	Ffion Davies	Cwm Rhymni – Gelli Haf	49.6	
6	Freya Williams	Garth Olwg	49.8	
7	Elinor Thomas	Strade	49.9	
8	Holly Lloyd	Dyffryn Aman	50.0	
9	Catrin Stacey	Llangynwyd	50.4	
10	Tanisha Johnson	Bro Edern	50.7	
11	Lowri Whittrow	Ystalyfera	51.0	
12	Kacey Lyons	Rhydywaun	52.4	
13	Eboni Rendell	Cwm Rhymni – Gwyndy	52.8	
14	Brooklyn Neade	Bryntawe	57.9	

### 300m 400m Bl. 9 Bechgyn

1	Daniel John	Garth Olwg	39.0	
2	Jac Young	Bro Edern	41.5	
3	Owain Paddfield	Cwm Rhymni – Gelli Haf	41.9	
4	Evan Thomas	Cwm Rhymni – Gwyndy	42.3	
5	Josh Wallace	Gwyr	42.7	
6	Jack Speed	Dyffryn Aman	43.1	

Safle	Enw	Ysgol	Amser	Pellter
7	Will Bright	Glantaf	43.2	
8	Dafydd Evans	Rhydywaun	43.4	
9	Eddie Watkins	Gwynllyw	43.5	
10	Dewi Griffiths	Llanhari	45.3	
11	Dewi Williams	Ystalyfera	45.9	
12	Morgan Jones	Plasmawr	49.0	
13	Thomas Davies	Strade	53.6	

### 300m 400m Bl. 9 Merched

1	Lily Gaskin	Llanhari	43.0	
2	Rhianna Satterly	Plasmawr	45.8	
3	Eluned King	Gwyr	46.6	
4	Eos Roberts	Glantaf	47.3	
5	Catryn Court	Cwm Rhymini – Gelli Haf	47.5	
6	Medi Phillips	Bryntawe	47.7	
7	Kathryn Titley	Llangynwyd	48.1	
8	Seren Ash	Cwm Rhymini – Gwyndy	48.5	
9	Ailana Jones	Dyffryn Aman	50.8	
10	Talia Smith	Ystalyfera	52.2	
11	Xavier Francis	Gwynllyw	53.0	
12	Megan Davies	Bro Eder	55.0	
13	Awel Pike	Garth Olwg	56.6	
14	Hannah Davies	Strade	72.4	

### 300m 400m Bl. 10 Bechgyn

1	Seth Kelly	Plasmawr	53.6	
2	Joe Garcia	Gwyr	55.1	



Safle	Enw	Ysgol	Amser	Pellter
3	Joseph Lloyd West	Ystalyfera	56.3	
4	Oli Grech	Glantaf	57.1	
5	Ioan Lewis	Cwm Rhymini – Gelli Haf	57.5	
6	Iwan Begga	Bryntawe	57.6	
7	Dylan Murray	Rhydywaun	57.7	
8	Joel Manning	Gwynllyw	58.2	
9	Carwyn Morris	Dyffryn Aman	58.3	
10	Jack Jeffreys	Llanhari	60.0	

### 300m 400m Bl. 10 Merched

1	Ellie Brown	Cwm Rhymini – Gelli Haf	43.9	
2	Eliza Durnall	Plasmawr	44.7	
3	Rhiannon Phillips	Bryntawe	47.5	
4	Seren Davies	Glantaf	48.5	
5	Ellie Thomas	Gwyr	48.6	
6	Megan Evans	Gwynllyw	52.9	
7	Catrina Davies	Ystalyfera	58.6	

### 100m Bl. 7 Bechgyn

1	Ethan Tiley	Cwm Rhymini – Gelli Haf	13.1	
2	Louis R Shugar	Glantaf	13.3	
3	Llien Morgan	Ystalyfera	13.4	
4	Evan Williams	Bryntawe	13.6	
5	Tomos Katherins	Strade	13.7	
6	Iwan Lock	Plasmawr	13.8	
7	Jac Clay	Llanhari	14.0	
8	Ioan Evans	Rhydywaun	14.2	

Safle	Enw	Ysgol	Amser	Pellter
8	Elliot Styles	Bro Edern	14.2	
10	Stephen Reed	Dyffryn Aman	14.3	
11	Omar Taylor-Clark	Gwynllyw	14.7	
12	Samson Lawson	Gwyr	14.8	
13	Jack Karadogan	Garth Olwg	15: :	
14	Coby Rogers	Llangynwyd	15.1	
15	Barnaby Phillips	Cwm Rhymini – Gwyndy	15.4	

### 100m Bl. 7 Merched

1	Cerys Bevan	Strade	13.7	
2	Rhiannon Lewis	Cwm Rhymini – Gelli Haf	13.9	
3	Ellie-Rose Isaac	Glantaf	13.9	
4	Hannah Nicholls	Cwm Rhymini – Gwyndy	14.2	
5	Lara Watts	Garth Olwg	14.3	
6	Molly Abraham	Gwyr	14.4	
7	Mia Thomas	Plasmawr	14.5	
8	Angharad Morley	Gwynllyw	14.6	
9	Isabel Thomas	Llanhari	14.7	
10	Eden Blake	Dyffryn Aman	14.8	
11	Ffionwen Carling	Bro Edern	15.0	
12	Alisha Rawlings	Rhydywaun	15.1	
13	Tally Jones	Bryntawe	15.2	
14	Molly Davies	Ystalyfera	15.8	
15	Ellie Hough	Llangynwyd	15.9	

### 100m Bl. 8 Bechgyn

1	Josh Thomas	Llangynwyd	12.2	
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Safle	Enw	Ysgol	Amser	Pellter
2	Luke Jones	Strade	12.4	
3	Ethan Williams	Cwm Rhymini – Gelli Haf	13.0	
4	Tray Davie	Gwyr	13.3	
5	Chandler Langford Evans	Rhydywaun	13.4	
6	Evan Griffiths	Llanhari	13.5	
7	Caylem Price	Plasmawr	13.7	
8	Sam Woods	Glantaf	13.8	
8	Rhys Thomas	Ystalyfera	13.8	
10	Callum Richards	Gwynllyw	13.9	
11	James Hughes	Cwm Rhymini – Gwyndy	14. :	
12	Lloyd Thomas	Bro Eder	14.0	
13	Ethan Vaughan	Garth Olwg	14.1	

### 100m Bl. 8 Merched

1	Alaw Evans	Glantaf	13.3	
2	Naomi Hennessey	Cwm Rhymini – Gwyndy	13.4	
3	Eve Pearson	Plasmawr	13.9	
4	Brooklyn Neade	Bryntawe	14.1	
4	Ellie Gough	Llangynwyd	14.1	
6	Tanisha Johnson	Bro Eder	14.2	
6	Jessica Clyde	Strade	14.2	
8	Tia Williams	Gwynllyw	14.3	
8	Erin Murray	Garth Olwg	14.3	
9	Tiegan Pugh Eynon	Rhydywaun	14.4	
10	Ellie Chahal	Gwyr	14.4	
11	Caitlin Hearne	Dyffryn Aman	14.5	

Safle	Enw	Ysgol	Amser	Pellter
12	Caitlyn Tapper	Cwm Rhymini – Gelli Haf	14.7	
13	Carys Hardwick	Ystalyfera	15.4	
14	Megan Pritchard	Llanhari	15.6	

### 100m Bl. 9 Bechgyn

1	Ethan Vater	Cwm Rhymini – Gelli Haf	11.9	
2	Owain Lloyd Hughes	Ystalyfera	12.0	
3	Lewis Bates	Gwynllyw	12.2	
4	Josh Ponchand	Cwm Rhymini – Gwyndy	12.2	
5	Theo Cabango	Plasmawr	12.3	
5	Steffan Jones	Rhydywaun	12.3	
7	Jacob Sutcliffe	Bro Eder	12.5	
8	Max Jenkins	Strade	12.6	
8	Rhys Thomas	Llanhari	12.6	
9	Sion Benham	Glantaf	12.7	
10	Joshua Karadogan	Garth Olwg	12.8	
11	Oscar Hawkins	Dyffryn Aman	13.1	
12	Robert Halfpenny	Bryntawe	13.3	
13	Kieran Shute	Llangynwyd	13.5	
14	Owain Morgan	Gwyr	14.1	

### 100m Bl. 9 Merched

1	Ella Quinton	Cwm Rhymini – Gelli Haf	13.4	
2	Erin Prynne	Glantaf	13.8	
3	Elevi Pearson	Rhydywaun	14.2	
3	Caitlin Hearne	Dyffryn Aman	14.2	
5	Cerys Morgan	Bro Eder	14.3	

Safle	Enw	Ysgol	Amser	Pellter
6	Alisha Williams	Bryntawe	14.4	
6	Martha Stallard	Plasmawr	14.4	
8	Lowri Morris	Llanhari	14.6	
9	Anna Melmoth	Gwyr	14.7	
10	Bethan Allen	Cwm Rhymni – Gwyndy	14.8	
11	Lauren Forward	Ystalyfera	15.1	
12	Eluned Evans	Strade	15.4	
13	Xavier Francis	Gwynllyw	15.7	

### 100m Bl. 10 Bechgyn

1	Luke McLymort	Dyffryn Aman	11.5	
2	Olive Welsby	Cwm Rhymni – Gelli Haf	11.9	
2	Louis Rees	Gwyr	11.9	
4	Dan Hiscocks	Ystalyfera	12.1	
5	Jake Wethers	Plasmawr	12.2	
6	Nicky Williams	Bryntawe	12.3	
6	Flyn Scailon	Rhydywaun	12.3	
8	Luke Edgell	Gwynllyw	12.4	
9	Craig Miller	Glantaf	12.5	
10	Ioan Thomas	Llanhari	13.5	

### 100m Bl. 10 Merched

1	Bethan Powell	Gwynllyw	12.7	
2	Emily Thomas	Cwm Rhymni – Gelli Haf	13: :	
3	Seren Wyatt	Gwyr	13.4	
4	Summer Allwood	Plasmawr	13.8	
5	Shani Evans	Glantaf	14.0	

Safle	Enw	Ysgol	Amser	Pellter
6	Nia Taylor	Bryntawe	14.3	
7	Rosie Batchelor	Rhydywaun	14.8	
8	Emily Evans	Ystalyfera	15.3	
9	Amy Morris	Llanhari	15.5	

### 1500m Bl. 7 Bechgyn

1	Jacob Reynolds	Cwm Rhymini – Gwyndy	4.44	
2	Kian Abraham	Ystalyfera	5.01	
3	Dafydd Roberts	Rhydywaun	5.21	
4	Owen Phillips	Plasmawr	5.23	
5	Carwyn Samon	Garth Olwg	5.24	
6	Ifan R J	Glantaf	5.25	
7	Iestyn James Evans	Strade	5.26	
8	Cole Hansen	Bro Ederm	5.28	
9	Tomi Booth	Llanhari	5.30	
10	Sion Evans	Dyffryn Aman	5.31	
11	Harrison Thomas	Bryntawe	5.33	
12	Ben Thomas	Gwyr	5.34	
13	Joe McAlister	Llangynwyd	5.41	
14	Macsen Evans	Cwm Rhymini – Gelli Haf	5.46	
15	Dylan Chapman	Gwynllyw	5.55	

### 1500m Bl. 7 Merched

1	Freya Roberts	Plasmawr	5.29	
2	Lowri Broughton	Glantaf	5.40	
3	Molly Reardon	Rhydywaun	5.41	
4	Cameron Nicholls	Bryntawe	5.56	

Safle	Enw	Ysgol	Amser	Pellter
5	Tegan Evans	Cwm Rhymini – Gwyndy	5.57	
6	Megan McVey	Cwm Rhymini – Gelli Haf	5.58	
7	Gabrielle Garcia	Gwyr	5.59	
8	Siwan Ellis	Llanhari	6.04	
9	India Shanahan	Bro Eder	6.07	
10	Chessie Jarvis	Llangynwyd	6.09	
11	Megan Roberts	Dyffryn Aman	6.11	
12	Alys Warman	Gwynllyw	6.27	
13	Annwylun Pike	Garth Olwg	6.38	

### 1500m Bl. 8 Bechgyn

1	Joe Reardon	Rhydywaun	4.37	
2	Caleb Mock	Cwm Rhymini – Gwyndy	5.00	
3	Jack Lewis	Bryntawe	5.01	
4	Finley Hines	Ystalyfera	5.06	
5	Callum Thomas	Bro Eder	5.07	
6	Gethin Evans	Llanhari	5.08	
7	Dyfan Lloyd Owen	Plasmawr	5.09	
8	Rhys Clark	Llangynwyd	5.10	
9	Morgan Evans	Cwm Rhymini – Gelli Haf	5.19	
10	Ioan Mcdougall	Glantaf	5.29	
11	Rhys Gill	Strade	5.41	
12	Mathew Brown	Gwyr	5.45	
13	Lewis Griffiths	Garth Olwg	5.57	
14	Tom Rist	Gwynllyw	6.06	

### 1500m Bl. 8 Merched

Safle	Enw	Ysgol	Amser	Pellter
1	Emily Chirighin	Glantaf	5.29	
2	Ella Eccles	Gwynllyw	5.33	
3	Megan Wynne Jones	Plasmawr	5.35	
4	Ffion Gibson	Ystalyfera	5.40	
5	Lowri Baker	Gwyr	5.54	
6	Mari Thomas	Cwm Rhymini – Gwyndy	6.11	
7	Millie James	Bro Edern	6.17	
8	Angharad Jones	Llangynwyd	6.20	
9	Nell Edwards	Dyffryn Aman	6.24	
10	Ella Porter	Llanhari	6.27	
11	Hannah Jones	Strade	6.31	
12	Brooke Butler	Cwm Rhymini – Gelli Haf	6.41	
13	Nia Osborne	Garth Olwg	7.39	

### 1500m Bl. 9 Bechgyn

1	Dafydd Jay	Cwm Rhymini – Gelli Haf	4.43	
2	Joseph Lloyd	Gwyr	4.46	
3	Cian Knight	Strade	4.56	
4	Iestyn Rees	Llangynwyd	4.58	
5	Rhys Morgan	Llanhari	5.01	
6	Tegid Phillips	Glantaf	5.03	
7	Sion Davies	Ystalyfera	5.05	
8	Macsén Llywelyn	Dyffryn Aman	5.06	
9	Eli Scoble	Plasmawr	5.10	
10	Ben Smith	Garth Olwg	5.11	
11	Caerwyn Phillips	Bro Edern	5.13	



Safle	Enw	Ysgol	Amser	Pellter
12	Rhys Thomas	Gwynllyw	5.16	
13	Max Morgan-Petrie	Cwm Rhymni – Gwyndy	5.17	

### 1500m Bl. 9 Merched

1	Eluned King	Gwyr	5.09	
2	Ellie Robinson	Gwynllyw		
3	Ciara Lawlor	Cwm Rhymni – Gwyndy		
4	Jessica Pritchard-Simmonds	Glantaf		
5	Morgan Rogers	Cwm Rhymni – Gelli Haf		
6	Jessica Holdsworth	Ystalyfera		
7	Caitlin Richards	Dyffryn Aman		
8	Cerys Henderson	Plasmawr		
9	Ella Grundy	Bryntawe		
10		Llanhari		

### 1500m Bl. 10 Bechgyn

1	Remy Adebisi	Gwynllyw	4.21	
2	Morgan James	Cwm Rhymni – Gelli Haf	4.24	
3	Jacob Skezss	Ystalyfera	4.45	
4	Tristan Leech	Dyffryn Aman	4.47	
5	Thomas Hayes	Plasmawr	4.57	
6	Ioan Richards	Rhydywaun	5.05	
7	Jac Benson	Gwyr	5.08	
8	Naill Flynn	Glantaf	5.09	
9	Joshua Baker	Bryntawe	5.21	
10	Jacob Sayer	Llanhari	5.24	

### 1500m Bl. 10 Merched

Safle	Enw	Ysgol	Amser	Pellter
1	Molly Wellington	Ystalyfera	5.19	
2	Nia Jones	Cwm Rhymini – Gelli Haf		
3	Caitlyn Jones	Glantaf		
4	Rachel Hadley	Bryntawe		
5	Molly Palin	Gwynllyw		
6	Elinor Hughes	Plasmawr		
7	Carys Tuthill	Rhydywaun		

### 200m Bl. 7 Bechgyn

1	Llien Morgan	Ystalyfera	27.1	
2	Jamie Eynon	Cwm Rhymini – Gelli Haf	27.3	
3	Thomas Charles	Llangynwyd	28.1	
4	Tomos Katherins	Strade	28.5	
5	Aiden Macnamara	Plasmawr	28.7	
6	Owain Clarke	Gwyr	29.1	
7	Thomas Edwards	Garth Olwg	30.1	
8	Sam Reed	Dyffryn Aman	30.03	
9	Elliot Styles	Bro Edern	29.8	
10	Iestyn Goode	Gwynllyw	31: :	
11	Josh Norman	Llanhari	31.1	
12	Cai Green	Glantaf	31.5	
13	Kian Jacobs	Rhydywaun	31.7	
14	Iwan Thomas	Cwm Rhymini – Gwyndy	33.3	
15	Toby Porter	Bryntawe	33.4	

### 200m Bl. 7 Merched

1	Carys Poole	Gwyr	28.0	
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Safle	Enw	Ysgol	Amser	Pellter
2	Rosie Domican	Glantaf	28.5	
3	Cerys Bevan	Strade	29.0	
4	Elin John	Plasmawr	29.3	
5	Hannah Nicholls	Cwm Rhymni – Gwyndy	29.6	
6	Rhiannon Lewis	Cwm Rhymni – Gelli Haf	29.7	
7	Joy Hall	Ystalyfera	30.8	
8	Celyn Harry	Llanhari	31.6	
9	Ela Morris	Dyffryn Aman	32.0	
10	Emily Phillips	Bryntawe	32.2	
11	Stephanie Mills	Llangynwyd	32.5	
12	Ffionwen Carling	Bro Eder	32.7	
13	Genevieve Toon	Rhydywaun	33.5	
14	Eli May Gough	Garth Olwg	33.6	
15	Elinor Hardwidge	Gwynllyw	35.2	

### 200m Bl. 8 Bechgyn

1	Josh Thomas	Llangynwyd	25.8	
2	Luke Jones	Strade	26.4	
2	Jacob Hargreaves	Bro Eder	26.4	
4	Chandler Langford Evans	Rhydywaun	26.6	
5	Iwan P Jones	Glantaf	27.1	
6	Iwan Rees	Cwm Rhymni – Gwyndy	27.3	
7	Ethan Williams	Cwm Rhymni – Gelli Haf	27.4	
8	Calum Price	Plasmawr	27.7	
9	Ieuan Sleeman	Gwyr	28.1	
9	Charlie Crocker	Bryntawe	28.1	

Safle	Enw	Ysgol	Amser	Pellter
11	Ethan Davies	Garth Olwg	28.3	
12	Ethan Dixon Bell	Dyffryn Aman	28.3	
13	Callum Richards	Gwynllyw	30.2	
14	Emyr James	Ystalyfera	30.3	

### 200m Bl. 8 Merched

1	Naomi Hennessey	Cwm Rhymni – Gwyndy	27.3	
2	Aimee Callow	Bro Eder	28.2	
3	Eve Pearson	Plasmawr	28.6	
4	Erin Williams	Gwynllyw	29.3	
5	Ellie Chahal	Gwyr	29.5	
5	Caitlin Hearne	Dyffryn Aman	29.5	
7	Erin Murray	Garth Olwg	29.9	
8	Ella Hubbard	Llangynwyd	30.2	
9	Ffion Gibson	Ystalyfera	30.4	
10	Carla Panahei	Glantaf	31.1	
11	Morgan Davies	Cwm Rhymni – Gelli Haf	31.8	
12	Bethan Williams	Bryntawe	32.1	
13	Caitlin Morris Giles	Rhydywaun	32.4	
14	Megan Pritchard	Llanhari	32.6	

### 200m Bl. 9 Bechgyn

1	Owain Lloyd Hughes	Ystalyfera	24: :	
2	Steffan Jones	Rhydywaun	24.5	
3	Eathen Vater	Cwm Rhymni – Gelli Haf	24.6	
4	Theo Cabango	Plasmawr	25.2	
5	Alex Halliday	Garth Olwg	25.7	

Safle	Enw	Ysgol	Amser	Pellter
6	Max Jenkins	Strade	25.9	
7	Jacob Sutcliffe	Bro Ederm	26.2	
8	Oscar Hawkins	Dyffryn Aman	26.6	
9	Evan Thomas	Cwm Rhymini – Gwyndy	26.8	
10	Ellis Richards	Llangynwyd	27. :	
11	Nathan Harding	Llanhari	27.3	
12	Joseph Pitman	Glantaf	27.8	
13	Robert Halfpenny	Bryntawe	28.6	
14	Owain Morgan	Gwyr	28.7	

### 200m Bl. 9 Merched

1	Lily Gaskin	Llanhari	27.2	
2	Erin Prynne	Glantaf	28.4	
3	Medi Phillips	Bryntawe	29.3	
3	Chloe Davies	Ystalyfera	29.3	
5	Anaes Rowlands	Cwm Rhymini – Gelli Haf	29.5	
5	Ebony Morgans	Dyffryn Aman	29.5	
7	Martha Stallard	Plasmawr	29.6	
8	Menna Evans	Cwm Rhymini – Gwyndy	29.9	
9	Cerys Morgan	Bro Ederm	30.1	
10	Sophie Evans	Rhydywaun	30.8	
11	Niamh Ovey	Gwynllyw	34.2	
12	Caragh McCormack	Garth Olwg	37.2	

### 200m Bl. 10 Bechgyn

1	Declan Thomas	Ystalyfera	23.9	
2	Luke McClymont	Dyffryn Aman	23.9	

Safle	Enw	Ysgol	Amser	Pellter
3	Oliver Welsby	Cwm Rhymni – Gelli Haf	24.2	
4	Tomi Owens	Plasmawr	24.6	
5	Luie Rees	Gwyr	24.7	
6	Morgan Richards	Gwynllyw	24.8	
7	George Bruce	Glantaf	25.1	
8	Luke Butler	Bryntawe	25.3	
9	Nedd Jones	Rhydywaun	25.9	
10	Kieran Thomas	Llanhari	26.5	

### 200m Bl. 10 Merched

1	Bethan Poowell	Gwynllyw	26.5	
2	Ellie Brown	Cwm Rhymni – Gelli Haf	27.6	
3	Summer Allwood	Plasmawr	29.1	
4	Paige Sedgwick	Gwyr	29.2	
5	Lauren Harris	Glantaf	31.2	
6	Nel Richards	Bryntawe	31.5	
7	Taylor Cook	Rhydywaun	31.6	
8	Catrina Davies	Ystalyfera	32.1	

### 800m Bl. 7 Bechgyn

1	Morgan Bowen	Plasmawr	2.29	
2	Jac Chapman	Dyffryn Aman	2.30.4	
3	Lloyd Jones	Rhydywaun	2.30.7	
4	Josh Lee	Bro Eder	2.31	
5	George Falloon	Cwm Rhymni – Gwyndy	2.40	
6	Josh Jenkins	Llangynwyd	2.40.9	
7	Lloyd Riley	Garth Olwg	2.42	

Safle	Enw	Ysgol	Amser	Pellter
8	Johna Morgan	Glantaf	2.44	
9	Kiatan Hopkins	Gwynllyw	2.45.6	
10	Aled Cottrell	Strade	2.48.4	
11	Morgan Lloyd	Cwm Rhymini – Gelli Haf	2.49.4	
12	Gruff Robinson	Gwyr	2.50.8	
13	Scott Davies	Llanhari	2.55.8	

### 800m Bl. 7 Merched

1	Moli Watts	Plasmawr	2.39	
2	Medi Thomas	Gwyr	2.44	
3	Millie Campden	Glantaf	2.47	
4	Elen James	Cwm Rhymini – Gwyndy	2.49	
5	Mali Iolo Davies	Garth Olwg	2.50	
6	Joy Hall	Ystalyfera	3.00	
7	Caitlin James	Rhydywaun	3.07	
8	Carys Higgins	Bryntawe	3.08	
9	Lowri Gibson	Dyffryn Aman	3.09	
10	Bridie Chapman	Gwynllyw	3.11	
11	Isabel Jones	Llanhari	3.13	
12	Elyse Veater	Cwm Rhymini – Gelli Haf	3.15	
13	Caitlin Crisp	Bro Eder	3.19	

### 800m Bl. 8 Bechgyn

1	Evan Griffiths	Llanhari	2.18.3	
2	Ben Reynolds	Cwm Rhymini – Gwyndy	2.19.7	
3	Ioan Smith	Garth Olwg	2.24.8	
4	Mal Nicholls	Ystalyfera	2.26.0	

Safle	Enw	Ysgol	Amser	Pellter
5	Alex Layzell	Rhydywaun	2.27.5	
6	Oliver Andrews	Cwm Rhymni – Gelli Haf	2.29.0	
7	Tom Florence	Llangynwyd	2.30.4	
8	Harry Watts	Plasmawr	2.32.8	
9	Iwan Wynne	Bro Edern	2.35.6	
10	Jac Pride	Glantaf	2.38.1	
11	Rocky Barnett	Gwynllyw	2.41.7	
12	Cian Thomas	Strade	2.42.9	
13	Oscar Jenkins	Dyffryn Aman	2.50.4	
14	Nathan Blackmore	Bryntawe	3.02.5	
15	Lewis Jones	Gwyr	3.05.6	

### 800m Bl. 8 Merched

1	Caitlin Gwyther	Gwyr	2.23	
2	Aimee Callow	Bro Edern	2.26.4	
3	Ffion Priddle	Gwynllyw	2.40.3	
4	Gwenno Manley	Glantaf	2.45.4	
5	Manon Roberts	Plasmawr	2.48.3	
6	Caitlyn Tapper	Cwm Rhymni – Gelli Haf	2.49	
7	Ffion Jones	Dyffryn Aman	2.51	
8	Megan Thomas	Strade	3.01.6	
9	Elysse Norris	Cwm Rhymni – Gwyndy	3.03.3	
10	Ruth Wood	Ystalyfera	3.09.9	
11	Mali Iolo Davies	Garth Olwg	3.10.3	
12	Emelia Brogden-Giles	Rhydywaun	3.20.3	

### 800m Bl. 9 Bechgyn



Safle	Enw	Ysgol	Amser	Pellter
1	Daniel John	Garth Olwg	2.12.1	
2	Cian Murphy	Cwm Rhymini – Gelli Haf	2.12.6	
3	Joshua Wallis	Gwyr	2.18	
4	Dylan Morgan	Bro Edern	2.21.2	
5	Joe Laver	Glantaf	2.26.8	
6	Ieuan McMurray	Cwm Rhymini – Gwyndy	2.27.2	
7	Sion Davies	Ystalyfera	2.30	
8	Aron Owen	Bryntawe	2.32.2	
9	Luca Hoole	Gwynllyw	2.34.8	
10	Dafydd Jenkins	Strade	2.35.3	
11	Ethan Roberts	Llanhari	2.37.2	
12	Elis Richards	Llangynwyd	2.38.4	
13	Owain Thomas	Dyffryn Aman	2.39	

### 800m Bl. 9 Merched

1	Bethan Evans	Glantaf	2.50.0	
2	Helen Lewis	Rhydywaun	2.51.2	
3	Casia Rees	Gwyr	2.51.8	
4	Millie Carter	Cwm Rhymini – Gwyndy	2.57.6	
5	Mali Iolo Davies	Garth Olwg	2.57.9	
6	Ffion Jones	Dyffryn Aman	3.03.9	
7	Isabelle Coombs	Ystalyfera	3.10.4	
8	Caitlyn Simons	Strade	3.11.9	
9	Popi Marsh	Plasmawr	3.16.6	
10	Ruby Bridges	Gwynllyw	3.20.1	
11	Seren Morse	Llangynwyd	3.20.6	

Safle	Enw	Ysgol	Amser	Pellter
12	Elen Appleby	Bryntawe	3.29.8	
13	Angharad Phillips	Llanhari	3.36.1	
14	Maisy Greenhalgh	Cwm Rhymini – Gelli Haf	3.53.3	

### 800m Bl. 10 Bechgyn

1	Joseph Lloyd West	Ystalyfera	2.16	
2	Mathew Jones	Glantaf	2.19.7	
3	Callum Lovett	Dyffryn Aman	2.23	
4	Callum Coxley	Rhydywaun	2.25.6	
5	Marley Watts	Cwm Rhymini – Gelli Haf	2.26.9	
6	Seth Kelly	Plasmawr	2.28	
7	Aneirin Owen	Gwynllyw	2.30	
8	Josh Baker	Bryntawe	2.31.1	
9	Tom Whittaker	Llanhari	2.31.3	
10	Steffan Benson	Gwyr	2.31.4	

### 800m Bl. 10 Merched

1	Carys Bill	Plasmawr	2.26.0	
2	Rhiannon Phillips	Bryntawe	2.42.3	
3	Anna Capey	Glantaf	2.42.4	
4	Nia Wilding	Cwm Rhymini – Gelli Haf	3.09.9	
5	Mali Roberts	Rhydywaun	3.27.2	

### 4 x 100m Bl. 7 Bechgyn

1		Cwm Rhymini – Gelli Haf	52: :	
2		Plasmawr	54.1	
3		Ystalyfera	55.6	
4		Gwyr	56.7	

Safle	Enw	Ysgol	Amser	Pellter
5		Bro Edern	57.3	
6		Garth Olwg	58.4	
7		Strade	58.5	
8		Llanhari	59.1	
9		Glantaf	59.5	
10		Cwm Rhymni – Gwyndy	59.6	
10		Rhydywaun	59.6	
12		Bryntawe	60.5	
13		Dyffryn Aman	60.7	
14		Llangynwyd	60.9	
15		Gwynllyw	61: :	

#### 4 x 100m Bl. 7 Merched

1		Glantaf	0.55.9	
2		Cwm Rhymni – Gelli Haf	0.58	
3		Gwyr	0.58.9	
4		Llanhari	1.01.1	
5		Bryntawe	1.01.8	
6		Llangynwyd	1.02.9	
7		Rhydywaun	1.03.0	
8		Garth Olwg	1.04	
9		Ystalyfera	1.06.9	

#### 4 x 100m Bl. 8 Bechgyn

1		Glantaf	53.6	
2		Llangynwyd	53.7	
3		Bro Edern	54: :	

Safle	Enw	Ysgol	Amser	Pellter
4		Cwm Rhymni – Gwyndy	54.2	
5		Gwyr	54.3	
6		Rhydywaun	54.6	
7		Llanhari	55.4	
8		Cwm Rhymni – Gelli Haf	56.1	
9		Ystalyfera	56.4	
10		Strade	56.5	
11		Garth Olwg	56.6	
12		Bryntawe	56.8	
13		Gwynllyw	57.4	
14		Plasmawr	57.8	
15		Dyffryn Aman	61.7	

#### 4 x 100m Bl. 8 Merched

1		Gwyr	0.55.4	
2		Bro Ederm	0.56	
3		Glantaf	0.56.4	
4		Gwynllyw	0.56.8	
5		Dyffryn Aman	0.57.3	
6		Cwm Rhymni – Gwyndy	0.57.3	
7		Llangynwyd	0.57.4	
8		Plasmawr	0.57.9	
9		Garth Olwg	0.58.1	
10		Cwm Rhymni – Gelli Haf	0.58.2	
11		Ystalyfera	0.58.8	
12		Bryntawe	0.59.8	

Safle	Enw	Ysgol	Amser	Pellter
13		Rhydywaun	1.00.0	
14		Strade	1.00.4	
15		Llanhari	1.02.7	

#### 4 x 100m Bl. 9 Bechgyn

1		Ystalyfera	49.6	
2		Cwm Rhymni – Gelli Haf	50.9	
3		Rhydywaun	51.5	
3		Dyffryn Aman	51.5	
5		Glantaf	51.7	
5		Bro Ederm	51.7	
7		Cwm Rhymni – Gwyndy	52.2	
8		Gwyr	52.3	
9		Strade	52.6	
10		Llanhari	54.5	
11		Bryntawe	54.7	

#### 4 x 100m Bl. 9 Merched

1		Glantaf	0.53.1	
2		Cwm Rhymni – Gelli Haf	0.55.3	
3		Cwm Rhymni – Gwyndy	0.55.9	
4		Plasmawr	0.57.1	
5		Dyffryn Aman	0.58.4	
6		Bryntawe	0.58.6	
7		Ystalyfera	0.58.8	
8		Bro Ederm	0.59	
9		Rhydywaun	0.59.4	

Safle	Enw	Ysgol	Amser	Pellter
10		Llanhari	1.00.7	
11		Gwyr	1.02.2	
12		Garth Olwg	1.02.4	
13		Gwynllyw	1.03.1	
14		Llangynwyd	1.03.5	

#### 4 x 100m Bl. 10 Bechgyn

1		Dyffryn Aman	47.3	
2		Plasmawr	47.7	
3		Cwm Rhymni – Gelli Haf	48.1	
4		Glantaf	48.5	
5		Rhydywaun	48.6	
6		Gwynllyw	48.9	
7		Gwyr	49.3	
8		Llanhari	51.8	

#### 4 x 100m Bl. 10 Merched

1		Cwm Rhymni – Gwyndy	51.7	
2		Glantaf	54.4	
3		Gwyr	55.6	
4		Plasmawr	56: :	
5		Gwynllyw	57: :	
6		Ystalyfera	59: :	
7		Bryntawe	59.3	
8		Rhydywaun	59.7	

#### Disgen Bl. 7 Bechgyn

1	Ethan Tiley	Cwm Rhymni – Gelli Haf	22.05
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Safle	Enw	Ysgol	Amser	Pellter
2	Toby Porter	Bryntawe		17.8
3	Drew Thomas	Rhydywaun		17
4	Jake Oliver Powell	Glantaf		16.68
5	Elis Morgan	Gwynllyw		16.42
6	Abe Morgan Petrie	Cwm Rhymni – Gwyndy		16.21
7	Morgan James	Gwyr		14.75
8	Sion Griffiths	Dyffryn Aman		14.3
9	David Francis	Ystalyfera		15.93
10	Jac Harries	Plasmawr		15
11	Alex Lewis	Garth Olwg		13.72
12	Evan Dykes	Llangynwyd		13.64
13	Taran Moss	Llanhari		13.12
14	Iwan Evans	Strade		12.35

### Disgen Bl. 7 Merched

1	Lily Gregson	Glantaf		20.14
2	Celyn Harry	Llanhari		18.6
3	Cerys Richards/Elin Little	Llangynwyd		14.44
4	Megan Davies	Gwyr		14.4
4	Megan Davies	Rhydywaun		14.4
5	Sophie Griffiths	Bro Eder		13.88
6	Corie-Mya Downing	Gwynllyw		13.15
7	Hannah Nicholls	Cwm Rhymni – Gwyndy		12.92
7	Mali Griffiths	Plasmawr		12.92
8	Ela Morris	Dyffryn Aman		12.82
9	Erin James	Strade		12.75

Safle	Enw	Ysgol	Amser	Pellter
10	Olivia Homes	Garth Olwg		12.4
11	Lottie Broomfield	Bryntawe		11.9

### Disgen Bl. 8 Bechgyn

1	Cai Marcus	Glantaf		26.82
2	Josh Witon	Gwyr		21.23
3	Ryan Powell	Dyffryn Aman		20.94
4	Sion Parri	Llanhari		20.57
5	Caleb Mock	Cwm Rhymni – Gwyndy		19.2
6	Bayley Watts	Bro Eder		18.85
7	Josh Williams	Garth Olwg		18.8
8	Evan Timms	Ystalyfera		18.67
9	Chandler Langford Evans	Rhydywaun		18.6
10	Ellis Dickenson	Strade		18.44
11	Charlie Crooker	Bryntawe		16.73
12	Elis Hart	Llangynwyd		16.29
13	Tomos Cooper	Plasmawr		15.46
14	Oliver Andrews	Cwm Rhymni – Gelli Haf		

### Disgen Bl. 8 Merched

1	Holly Cooper	Ystalyfera		19.81
2	Freya Williams	Garth Olwg		18.46
3	Nyisha Mills	Cwm Rhymni – Gelli Haf		18.15
4	Hannah Jones	Glantaf		17.71
5	Bree Cronin	Cwm Rhymni – Gwyndy		17.21
6	Lowri Baker	Gwyr		16.61
7	Hannah Nuttall	Gwynllyw		14.98



Safle	Enw	Ysgol	Amser	Pellter
8	Mabli Evans	Bro Edern		14.53
9	Jessica Houlton	Dyffryn Aman		14.22
10	Lola Belle	Llangynwyd		13.56
11	Mali Collins	Plasmawr		13.2
12	Emily Bowles	Bryntawe		13.14
13	Bethan Smith	Strade		11.87

### Disgen Bl. 9 Bechgyn

1	Josh Ponchaud	Cwm Rhymni – Gwyndy		29.58
2	Owain Padfield	Cwm Rhymni – Gelli Haf		27.53
3	Joseph Moyes	Gwyr		26.86
4	James Hobbs	Garth Olwg		25.43
5	Ewan Griffiths	Bro Edern		23.22
6	Curtis Tomlinson	Gwynllyw		22.93
7	Owen Thomas	Dyffryn Aman		22.6
8	Kyle Phillips	Ystalyfera		22.29
8	Arwel Hughes	Rhydywaun		22.29
9	Boaz Johnson	Glantaf		20.2
10	Huw Hoyle	Plasmawr		18.89
11	Ben Mcdonald	Llanhari		17.27
12	Iestyn James	Llangynwyd		16.35
13	Casey Williams	Bryntawe		15.1

### Disgen Bl. 9 Merched

1	Anais Rowlands	Cwm Rhymni – Gelli Haf		27.25
2	Rhianna Satterly	Plasmawr		22.31
3	Megan Davies	Gwyr		19.28

Safle	Enw	Ysgol	Amser	Pellter
4	Eleri Pearson	Rhydywaun		18.77
5	Erin Pryne	Glantaf		17.55
6	Kida Ball	Cwm Rhymni – Gwyndy		17.25
7	Courtney Lewis	Ystalyfera		16.34
8	Ffion Haf Thomas/Jessica Kitterid	Garth Olwg		14.93
9	Charlotte Llewelyn	Dyffryn Aman		13.22
10	Holly Thompson	Llangynwyd		12.1
11	Mia Bryan	Llanhari		10.84
12	Molly Tannetta	Bro Edern		9.49

#### Disgen Bl. 10 Bechgyn

1	Brynmor Clements	Gwyr		37.54
2	Ioan Lloyd	Glantaf		28.24
3	Jack Hicks Jones	Plasmawr		26.26
4	Jordan Ellis	Cwm Rhymni – Gelli Haf		26.26
5	Garyn Phillips	Rhydywaun		24.85
6	Aaron David	Dyffryn Aman		20.66
7	Mathew Doherty	Bryntawe		17.2
8	Steffan Cox	Ystalyfera		16.45
9	Mitchell Hall	Llanhari		13.32

#### Disgen Bl. 10 Merched

1	Rhian Evans	Gwyr		31.3
2	Isobel Meek	Cwm Rhymni – Gelli Haf		19.94
3	Fionnuala Morris	Plasmawr		17.7
4	Caitlin Davies	Ystalyfera		16.36
5	Carys Llewellyn	Llanhari		15.2

Safle	Enw	Ysgol	Amser	Pellter
6	Laura Nuttall	Gwynllyw		15.19
7	Angharad Broughton	Glantaf		15
8	Marissa Collins	Bryntawe		14.7
9	Darrah Jones-Reddy	Rhydywaun		14.66

### Gwaywffon Bl. 7 Bechgyn

1	Ethan Tiley	Cwm Rhymni – Gelli Haf		23.8
2	Louis R Shugar	Glantaf		22.68
3	Scott Williams	Bryntawe		21.6
4	Colm McCarthy	Plasmawr		21.57
5	Rhys James	Gwyr		19.57
6	Connor Mayho	Cwm Rhymni – Gwyndy		18.35
7	Evan Harrow	Dyffryn Aman		18.28
7	Dominiko Manaseitava	Llangynwyd		18.28
9	Cole Jordan	Strade		16.4
10	Kian Jacobs	Rhydywaun		15.65
11	Rhys Wilkins-Jones	Gwynllyw		14.78
12	Rowan Lovering	Ystalyfera		14.55
13	Jack Cornish	Llanhari		13.6
14	Rhodri Toy	Bro Edern		
14	Mitchel Davey	Garth Olwg		

### Gwaywffon Bl. 7 Merched

1	Manon Davies	Glantaf		18.9
2	Sarann John	Llanhari		16.2
3	Moli Watts	Plasmawr		15.22
4	Chloe Clarke	Gwyr		14.45

Safle	Enw	Ysgol	Amser	Pellter
5	Holly Hughes	Cwm Rhymni – Gelli Haf		13.53
6	Taylor Edwards	Garth Olwg		13.03
7	Eleri Lloyd Morgan	Bryntawe		10.3
9	Cari Wilson	Llangynwyd		9.1
10	Senna Jones	Dyffryn Aman		8.4
11	Ffion Jones	Strade		7.05
12	Beca Evans Lugg	Cwm Rhymni – Gwyndy		
12	Eboni Lewis-Rees	Ystalyfera		
12	Tyla Johnson	Bro Eder		

### Gwaywffon Bl. 8 Bechgyn

1	Tyler Santos	Plasmawr		31.5
2	Lewis Ames	Bro Eder		29.36
3	Harry Griffiths	Glantaf		27.6
4	Ellis Dickeson	Strade		26.37
5	Josh Wilton	Gwyr		26.13
6	Rhys Hill	Cwm Rhymni – Gelli Haf		24.5
7	Ifan Hunnam	Llangynwyd		23.7
8	Logan Hughes	Cwm Rhymni – Gwyndy		21.28
9	Sion Parry	Llanhari		21.2
10	Adam Rushton	Ystalyfera		18.4
11	Sam Cooper	Garth Olwg		17.45
12	Oscar Jenkins	Dyffryn Aman		
12	Jack Reed	Bryntawe		
12	Will Edwards	Rhydywaun		

### Gwaywffon Bl. 8 Merched

Safle	Enw	Ysgol	Amser	Pellter
1	Jamie Holland	Gwyr		26.94
2	Chelsea Williams	Glantaf		21.5
3	Freya Williams	Garth Olwg		17.7
4	Erin Williams	Gwynllyw		14.95
5	Megan Houlton	Dyffryn Aman		14.92
6	Lowri B	Ystalyfera		14.35
7	Grace Phillips	Strade		12.87
8	Catrin Stephens	Llangynwyd		12.59
9	Aaliyah Jaynes	Bryntawe		9.95
10	Lowri Clark	Bro Edern		8.52
11	Manon Roberts	Plasmawr		8.38
12	Caitlin Jenkins	Cwm Rhymini – Gwyndy		
12	Anja Sims	Cwm Rhymini – Gelli Haf		

### Gwaywffon Bl. 9 Bechgyn

1	Joseph Myers	Gwyr		32.54
2	Ryan Davies	Cwm Rhymini – Gelli Haf		30.72
3	Ethan Ford	Garth Olwg		30.29
4	Ieuan Priday	Bro Edern		27.92
5	Iestyn Rushton	Ystalyfera		27.43
6	Sam Vickery	Gwynllyw		26.5
7	Lewis Reynolds	Rhydywaun		21.72
8	Ifan Hunnam	Llangynwyd		21.54
9	Huw Hoyle	Plasmawr		21.17
10	Osian Thomas	Strade		21.1
11	Dewi Griffiths	Llanhari		17.73

Safle	Enw	Ysgol	Amser	Pellter
12	Jac Speed	Dyffryn Aman		9.94
13	Josh Ponchand	Cwm Rhymni – Gwyndy		
13	Alfie Llewellyn	Glantaf		

### Gwaywffon Bl. 9 Merched

1	Morgan Rogers	Cwm Rhymni – Gelli Haf		21.74
2	Megan Davies	Bro Edern		21.67
3	Medi Jones	Plasmawr		17.56
4	Ellie Tovey	Cwm Rhymni – Gwyndy		16.87
5	Niamh Newman	Rhydywaun		16
6	Darcy C. Flook	Gwynllyw		14.18
7	Martha Rees-Swain	Dyffryn Aman		13.97
8	Holly James	Garth Olwg		12.5
9	Seren W	Llangynwyd		10.8
10	Mollie Vincent	Ystalyfera		8

### Gwaywffon Bl. 10 Bechgyn

1	Carwyn Morris	Dyffryn Aman		40.85
2	Brynmor Clement	Gwyr		39.8
3	Rhys Weal	Cwm Rhymni – Gelli Haf		38.95
4	Elis Melville-Gray	Plasmawr		32.3
5	Ioan Richards	Rhydywaun		31.87
6	Ioan Lloyd	Glantaf		23.2
7	Adam Shalaby	Gwynllyw		22.6
8	Jamie Barrington Williams	Llanhari		14.1

### Gwaywffon Bl. 10 Merched

1	Rhian Evans	Gwyr		32.43
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Safle	Enw	Ysgol	Amser	Pellter
2	Caris Morgan	Gwynllyw		25.1
3	Megan Manley	Glantaf		23.69
4	Chloe Tiley	Cwm Rhymni – Gelli Haf		20.07
5	Mollie Williams	Rhydywaun		15.52
6	Marissa Collins	Bryntawe		15.05
7	Fionnuala Morris	Plasmawr		11.22

### Naid Driphlyg Bl. 7 Bechgyn

1	Zak Jones	Cwm Rhymni – Gelli Haf		9.12
2	Rhys James	Gwyr		8.7
3	Drew Thomas	Rhydywaun		8.61
4	Efan Hoogendorn	Bro Eder		8.54
5	Luen Morgan	Ystalyfera		8.35
6	Corey Rogers	Llangynwyd		8.31
7	Iestyn Thomas	Glantaf		8.02
8	Dewi Hobbs	Garth Olwg		7.96
9	Efan Willis	Bryntawe		7.96
10	William Lewis	Cwm Rhymni – Gwyndy		7.7
11	Gruff Williams	Plasmawr		7.58
12	Kai Wigglesworth	Dyffryn Aman		
12	Rhys Wilkins-Jones	Gwynllyw		

### Naid Driphlyg Bl. 7 Merched

1	Carys Poole	Gwyr		9.12
2	Lowri Broughton	Glantaf		8.69
3	Mia Thomas	Plasmawr		8.24
4	Megan	Cwm Rhymni – Gelli Haf		8.16

Safle	Enw	Ysgol	Amser	Pellter
5	Rhian Lewis	Garth Olwg		7.59
6	Darcy John Cook	Cwm Rhymni – Gwyndy		7.54
7	Jasmine Young	Rhydywaun		7.38
8	Sophie Ware	Dyffryn Aman		7.37
9	Megan Gibson	Strade		7.36
10	Cerys Richards	Llangynwyd		6.61
11	Alys Warman	Gwynllyw		6.48
12	Jessica Turley	Ystalyfera		
12	Caitlin Crisp	Bro Eder		5.83

### Naid Driphlyg Bl. 8 Bechgyn

1	Steffan Stoch	Gwyr		9.8
2	Lloyd Thomas	Bro Eder		9.48
3	Ryley O'maera	Cwm Rhymni – Gwyndy		9.48
4	Jac Lloyd	Glantaf		9.26
5	Morgan Evans	Cwm Rhymni – Gelli Haf		9.12
6	Jack Symon	Rhydywaun		9
7	Rocky Barnett	Gwynllyw		8.9
8	Harvey Brown	Plasmawr		8.48
9	Oscar Jenkins	Dyffryn Aman		8.26
10	Nathan Blackmore Davies	Bryntawe		

### Naid Driphlyg Bl. 8 Merched

1	Gwenllian Mears	Glantaf		9.63
2	Caitlin Boyle	Plasmawr		9.3
3	Ffion Jones	Dyffryn Aman		9.21
4	Alice Corden	Cwm Rhymni – Gwyndy		8.92



Safle	Enw	Ysgol	Amser	Pellter
5	Catrin Stacey	Llangynwyd		8.48
6	Madison Evans	Gwyr		8.43
7	Mabli Evans	Bro Edern		8.32
8	Indeg Diskin	Ystalyfera		8.2
9	Jasmine Butler-Bright	Gwynllyw		7.84
10	Rachel Butler	Strade		7.44
11	Lily Llywelyn	Cwm Rhymni – Gelli Haf		7.36
12	Tia Lloyd	Rhydywaun		
13	Torri Starre Michael	Bryntawe		

### Naid Driphlyg Bl. 9 Bechgyn

1	Steffan Thomas	Cwm Rhymni – Gelli Haf		11.02
2	Daniel John	Garth Olwg		10.7
3	Cori Saunders	Strade		10.65
4	Daniel Macdonald	Plasmawr		10.31
5	Oliver Morgan	Gwynllyw		10.21
5	Alex Jones	Ystalyfera		8.35
6	Kenna Hide	Dyffryn Aman		10.16
7	Ieuan Priday	Bro Edern		10.09
8	Iwan Cox	Gwyr		9.79
9	Tom Ellis	Glantaf		9.76
10	Rhys Hall	Cwm Rhymni – Gwyndy		9.74
12		Bryntawe		8.98
13	Jordan O'Neill	Rhydywaun		8.76
14	Iestyn Rees	Llangynwyd		8.16

### Naid Driphlyg Bl. 9 Merched

Safle	Enw	Ysgol	Amser	Pellter
1	Elen Jones	Glantaf		10.05
2	Ffion Bridgeman	Bro Edern		9.2
3	Anna Melmoth	Gwyr		9.07
4	Rhian Lewis	Garth Olwg		8.88
5	Alana Jones	Dyffryn Aman		8.53
6		Cwm Rhymini – Gelli Haf		8.03
7	Kida Ball	Cwm Rhymini – Gwyndy		8.03
8	Casi Powell	Plasmawr		7.84
9	Lowri Morris	Llanhari		7.75
10	Lauren Forward	Ystalyfera		7.74
11	Katy Williams	Rhydywaun		7.6
12	Phillipa Rees-Griffiths	Bryntawe		7.24
13	Yasmin Oram	Gwynllyw		5.9
14	Aliyah Knily	Llangynwyd		5.37

### Naid Driphlyg Bl. 10 Bechgyn

1	Mathew Wiggsworth	Dyffryn Aman		12.33
2	Nikki Williams	Bryntawe		10.94
3	Casey Davies	Glantaf		10.61
4	Aneurin Owen	Gwynllyw		10.6
5	Owain Davies	Gwyr		10.27
6	Callum Coxley	Rhydywaun		10
7	Daniel Jones	Plasmawr		9.63
8	Morgan Meallem	Ystalyfera		10.27

### Naid Driphlyg Bl. 10 Merched

1	Eliza Durnall	Plasmawr		9.81
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Safle	Enw	Ysgol	Amser	Pellter
2	Laura Anderson	Glantaf		9.48
3	Chloe Tiley	Cwm Rhymini – Gelli Haf		9.31
4	Elisha Rosser	Gwyr		8.35
5	Laura Nuttall	Gwynllyw		8.18
6	Lucy Owen	Ystalyfera		8.16
7	Charlotte Morgan	Rhydywaun		7.83
8	Catherine Greenaway	Bryntawe		6.46
9	Amy Morris	Llanhari		

### Naid Hir Bl. 7 Bechgyn

1	Morgan Lloyd	Cwm Rhymini – Gelli Haf		4.42
2	Llien Morgan	Ystalyfera		4.41
3	Dylan Marsh	Plasmawr		4.37
4	Josh Lee	Bro Edern		4.21
5	Sam Davies	Glantaf		4.09
6	Samson Lawson	Gwyr		3.96
7	Jack Caradogan	Garth Olwg		3.95
8	Charlie Coxe	Rhydywaun		3.84
9	Tomi Booth	Llanhari		3.82
10	Ethan Hilbert	Strade		3.8
11	Thomas Charles	Llangynwyd		3.6
12	Morgan Cai Thomas	Dyffryn Aman		3.52
13	William Lewis	Cwm Rhymini – Gwyndy		3.51
14	Omar Taylor-Clark	Gwynllyw		3.35
15	Kieran Harthom	Bryntawe		2.96

### Naid Hir Bl. 7 Merched

Safle	Enw	Ysgol	Amser	Pellter
1	Cerys Bevan	Strade		4.46
2	Hannah Nicholls	Cwm Rhymini – Gwyndy		4.15
3	Ellie-Rose Isaac	Glantaf		3.99
4	Anais Bowkett	Bro Edern		3.71
5	Medi Thomas	Gwyr		3.7
6	Alys Warman	Gwynllyw		3.65
7	Mia Thomas	Plasmawr		3.58
8	Siwan Ellis	Llanhari		3.57
9	Alisha Rawlings	Rhydywaun		3.46
10	Tally Jones	Bryntawe		3.41
11	Sara John	Garth Olwg		3.4
13	Lori Box	Cwm Rhymini – Gelli Haf		3.31
14	Moli Davies	Ystalyfera		3.22
15	Niamh Anthony	Llangynwyd		2.35
17	Tia Evans	Dyffryn Aman		3.38

### **Naid Hir Bl. 8 Bechgyn**

1	Iwan Rees	Cwm Rhymini – Gwyndy		4.8
2	Evan Griffiths	Llanhari		4.41
3	Lloyd Thomas	Bro Edern		4.38
4	Morgan Evans	Cwm Rhymini – Gelli Haf		4.33
5	Caylem Price	Plasmawr		4.3
6	Tobias Jones	Gwyr		4.27
6	Vinnie Benitez	Ystalyfera		4.27
8	Iori Vaughan	Strade		4.24
8	Rocky Barnett	Gwynllyw		4.17

Safle	Enw	Ysgol	Amser	Pellter
8	Ethan Dixon	Dyffryn Aman		4.24
10	Sam Woods	Glantaf		4.23
11	Rhys Clark	Llangynwyd		4.21
13	Rohan Pinch	Rhydywaun		3.99
14	Thomas Griffiths	Garth Olwg		3.19

### **Naid Hir Bl. 8 Merched**

1	Brooke Annandale	Bro Edern		4.51
2	Alaw Evans	Glantaf		4.5
3	Eve Pearson	Plasmawr		4.46
4	Lily Wheeler-Jetson	Garth Olwg		4.28
5	Ffion Jones	Dyffryn Aman		4.08
5	Alaw Evans	Gwyr		4.08
6	Madison Evans	Llangynwyd		3.94
7	Naomi Hennessey	Cwm Rhymini – Gwyndy		3.89
8	Elinor Thomas	Strade		3.86
9	Megan Havard	Ystalyfera		3.59
10	Lily Llewelyn	Cwm Rhymini – Gelli Haf		3.54
11	Jasmine Butler-Bright	Gwynllyw		3.44
12	Cerian Tuthill	Rhydywaun		3.28
13	Erin James	Llanhari		3.15

### **Naid Hir Bl. 9 Bechgyn**

1	Ethan Vator	Cwm Rhymini – Gelli Haf		5.21
2	Theo Cabango	Plasmawr		5.17
3	Joshua Karadogan	Garth Olwg		5.04
4	Peter Anson	Gwyr		4.9

Safle	Enw	Ysgol	Amser	Pellter
5	Alex Jones	Ystalyfera		4.71
6	Keena Hinds	Dyffryn Aman		4.69
7	Max Morgan	Cwm Rhymni – Gwyndy		4.49
8	Oliver Stone	Strade		4.44
9	Mathew Jones	Glantaf		4.41
10	Leon George	Bro Eder		4.37
11	Lewis Bates	Gwynllyw		4.17
12	Jack Brooks	Bryntawe		3.92
13	Connor Restan	Rhydywaun		3.91
14	Llew Jones	Llanhari		3.7
15	Harry Thomas	Llangynwyd		3.47

#### Naid Hir Bl. 9 Merched

1	Rhian Lewis	Garth Olwg		4.69
2	Lily Ivin	Cwm Rhymni – Gelli Haf		4.61
3	Alaw Evans	Glantaf		4.36
4	Leah Griffiths	Cwm Rhymni – Gwyndy		4.03
5	Ebony Morgans	Dyffryn Aman		4.02
6	Charlotte Pearce	Plasmawr		3.76
6	Cerys Morgan	Bro Eder		3.76
7	Clara Thomas	Bryntawe		3.67
8	Holly Jones	Rhydywaun		3.6
9	Niamh O'vay	Gwynllyw		3.59
10	Amelia Hinder	Ystalyfera		3.4
11	Aaliyah Knill	Llangynwyd		3.3

#### Naid Hir Bl. 10 Bechgyn

Safle	Enw	Ysgol	Amser	Pellter
1	Lui Rees	Gwyr		5.76
2	Ioan Lloyd	Glantaf		5.63
3	Nicky Williams	Bryntawe		5.59
4	Tomi Owens	Plasmawr		5.47
5	Luke Mc	Dyffryn Aman		5.5
6	David Spencer	Cwm Rhymini – Gelli Haf		5.1
7	Redd Jones	Rhydywaun		4.68

### Naid Hir Bl. 10 Merched

1	Emily Thomas	Cwm Rhymini – Gelli Haf		5.16
2	Seren Wyatt	Gwyr		4.87
3	Laura Anderson	Glantaf		4.49
4	Gwen Williams	Plasmawr		4.76
5	Bethan Powell	Gwynllyw		4.25
6	Rachel Hadley	Bryntawe		3.79
7	Amy Morris	Llanhari		3.71
8	Lucy Owen	Ystalyfera		3.48

### Naid Uchel Bl. 7 Bechgyn

1	Jamie Eynon	Cwm Rhymini – Gelli Haf		1.4
2	Efan Hoogendorn	Bro Eder		1.35
3	Evan Kinch	Strade		1.35
4	Lewis Brooks	Bryntawe		1.35
5	Callum Taylor	Glantaf		1.35
6	Kian Abraham	Ystalyfera		1.3
7	Iwan Lock	Plasmawr		1.3
8	Twm Robinson	Gwyr		1.3

Safle	Enw	Ysgol	Amser	Pellter
9	Sion Llewellyn	Rhydywaun		1.2
9	Joshua Jenkins	Llangynwyd		1.2
9	Jacob Reynolds	Cwm Rhymni – Gwyndy		1.2

### Naid Uchel Bl. 7 Merched

1	Rosie Domican	Glantaf		1.51
2	Bo Lili Howells	Cwm Rhymni – Gelli Haf		1.42
3	Elin John	Plasmawr		1.3
4	Alex Tew	Gwyr		1.2
5	Joy Hall	Ystalyfera		1.2
6	Rosie Megarth	Dyffryn Aman		1.2
7	Chessie Jarvis	Llangynwyd		1.15
8	Mia DaSilva	Bro Eder		1.1
9	Elinor Hardwidge	Gwynllyw		1.1
10	Sara John	Garth Olwg		1.05
10	Amelia Jenney	Rhydywaun		1.05
12	Beca Evans Lugg	Cwm Rhymni – Gwyndy		1.05
13	Alice Maidment Davies	Llanhari		1
13	Megan Gibson	Strade		1
15	Kate Woodward	Bryntawe		1

### Naid Uchel Bl. 8 Bechgyn

1	Iwan Rees	Cwm Rhymni – Gwyndy		1.65
2	Daniel Jones	Rhydywaun		1.5
3	Ben Stokes	Cwm Rhymni – Gelli Haf		1.45
3	Joe Alexander	Plasmawr		1.45
5	Ioan Phillips/ Joseph Williams	Strade		1.35



Safle	Enw	Ysgol	Amser	Pellter
5	Owen Pritchard	Bro Edern		1.35
7	Troy Davies	Gwyr		1.3
7	Iwan P Jones	Glantaf		1.3
9	Jack Clement Reed	Bryntawe		1.3
10	William Peart	Llanhari		1.25
11	Ethan Dickenson Ball	Dyffryn Aman		1.2
12	Tom Florence	Llangynwyd		1.2
13	Carwyn James	Garth Olwg		1.15
14	Tom Rist	Gwynllyw		

### Naid Uchel Bl. 8 Merched

1	Catrin Morgan	Gwyr		1.4
2	Caitlin Boyle	Plasmawr		1.35
3	Alice Corden	Cwm Rhymini – Gwyndy		1.3
4	Elinor Williams	Garth Olwg		1.25
4	Lauren Fisher	Strade		1.25
6	Cadi Enoch	Glantaf		1.25
7	Abbie Rees	Bryntawe		1.25
7	Indeg Diskin	Ystalyfera		1.25
9	Ella Porter	Llanhari		1.2
9	Ela Hubbarde	Llangynwyd		1.2
10	Ffion Davies	Cwm Rhymini – Gelli Haf		
10	Caitlin Hearne	Dyffryn Aman		
10	Lowri Clark	Bro Edern		

### Naid Uchel Bl. 9 Bechgyn

1	Ryan Davies	Cwm Rhymini – Gelli Haf		1.67
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Safle	Enw	Ysgol	Amser	Pellter
2	Tom Ellis	Glantaf		1.6
3	Dylan Morgan	Bro Edern		1.5
4	Joshua Carrington	Bryntawe		1.5
5	Thomas Stevens	Garth Olwg		1.45
6	Sion Millins	Dyffryn Aman		1.45
7	Jacob Turner	Gwyr		1.4
8	Rhys Hall	Cwm Rhymni – Gwyndy		1.4
8	Lloyd Prytherch	Plasmawr		1.4
10	Jack Tregonnwg	Ystalyfera		
10	Luca Hoole	Gwynllyw		

### Naid Uchel Bl. 9 Merched

1	Millie Carter	Cwm Rhymni – Gwyndy		1.43
2	Catrin Jones	Glantaf		1.4
2	Bethan Cushon	Cwm Rhymni – Gelli Haf		1.4
4	Alana Jones	Dyffryn Aman		1.35
5	Alisha Williams	Bryntawe		1.35
6	Charlotte Pearce	Plasmawr		1.3
7	Grace Conolly	Bro Edern		1.15
8	Celyn Thomas	Ystalyfera		1.15
9	Ruby Bridges	Gwynllyw		1.1
10	Eluned Evans	Strade		1.05
11	Freya Leocrass	Gwyr		

### Naid Uchel Bl. 10 Bechgyn

1	Iwan Beggs	Bryntawe		1.78
2	Owain Davies	Gwyr		1.65

Safle	Enw	Ysgol	Amser	Pellter
3	Dylan Murray	Rhydywaun		1.6
4	Carwyn Morris	Dyffryn Aman		1.55
5	Rhys Lewis	Cwm Rhymni – Gelli Haf		1.55
6	Tomi Owens	Plasmawr		1.5
7	Oli Greck	Glantaf		1.45
8	Adam Shabby	Gwynllyw		1.35
9	Dillon Caulfield	Ystalyfera		1.3

### Naid Uchel Bl. 10 Merched

1	Shani Evans	Glantaf		1.51
2	Caris Morgan	Gwynllyw		1.45
3	Eliza Durnall	Plasmawr		1.4
4	Cerys Reynolds	Llanhari		1.35
5	Rachael Hadley	Bryntawe		1.3
6	Chloe Hopkins	Gwyr		1.25
7	Ellie Brown	Cwm Rhymni – Gelli Haf		1.15
8	Taylor Cook	Rhydywaun		

### Pwysau Bl. 7 Bechgyn

1	James Oakley	Strade		8.56
2	Robert Hall	Glantaf		8.05
3	Adam Williams	Garth Olwg		8.04
4	Scott Williams	Bryntawe		7.99
5	Sion Griffiths	Dyffryn Aman		7.79
6	Jamie Eynon	Cwm Rhymni – Gelli Haf		7.7
7	Ioan Evans	Rhydywaun		7.4
8	Taran Moss	Llanhari		7.04

Safle	Enw	Ysgol	Amser	Pellter
9	David Francis	Ystalyfera		6.99
10	Bradley Hurter	Gwynllyw		6.79
11	Cai James	Gwyr		6.7
12	Rhys Nicholls	Llangynwyd		6.65
13	Kai Larsen	Plasmawr		6.44
14	Ewan Thomas	Cwm Rhymini – Gwyndy		6.35
15	Jacob Thomas	Bro Edern		6.04

### Pwysau Bl. 7 Merched

1	Corie-Mya Downing	Gwynllyw		7.69
2	Dion Bird	Cwm Rhymini – Gelli Haf		7.31
3	Neesha Jones	Llanhari		6.64
4	Arianwen Evans	Bro Edern		6.26
5	Nia Williams	Garth Olwg		6.23
6	Chloe Fender	Bryntawe		6.2
6	Lily Gregson	Glantaf		6.2
7	Lowri Gibson	Dyffryn Aman		6.17
8	Elis Miller	Ystalyfera		6.09
9	Mia Davies	Rhydywaun		5.96
10	Chloe Clarke	Gwyr		5.74
11	Carys Johns	Llangynwyd		5.59
12	Ffion Jones	Strade		5.22
13	Ella Phillips	Cwm Rhymini – Gwyndy		5.5
14	Mali Griffiths	Plasmawr		4.61

### Pwysau Bl. 8 Bechgyn

1	Cai Marcus	Glantaf		10.57
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Safle	Enw	Ysgol	Amser	Pellter
2	Troy Davies	Gwyr		10.08
3	Ethan Williams	Cwm Rhymni – Gelli Haf		9.98
4	Josh Bullit	Dyffryn Aman		9.76
5	Ieuan Hancock	Gwynllyw		8.81
6	Rhys Alexander	Bro Eder		8.66
7	Will Edwards	Rhydywaun		8.15
8	Aneurin Morgan	Ystalyfera		7.61
9	Ethan Abbott	Cwm Rhymni – Gwyndy		7.21
10	Tomos Cooper	Plasmawr		6.99
11	Chad Goss	Garth Olwg		6.8

### Pwysau Bl. 8 Merched

1	Bree Cronin	Cwm Rhymni – Gwyndy		9.79
2	Jamie Holland	Gwyr		9.41
3	Phoebe Dawe	Glantaf		7.46
4	Iola Belle Lake	Llangynwyd		7.25
5	Lili Wheeler	Garth Olwg		7.21
6	Ffion Cox	Ystalyfera		6.93
7	Lauren Fox	Cwm Rhymni – Gelli Haf		6.61
8	Jessica Richards-Clode	Bro Eder		6.21
9	Erin Williams	Gwynllyw		5.82
10	Jessica Holton	Dyffryn Aman		5.74
11	Mali Collins	Plasmawr		5.69

### Pwysau Bl. 9 Bechgyn

1	Lewis Bates	Gwynllyw		10.96
2	Kyle Bailey	Cwm Rhymni – Gelli Haf		10.69

Safle	Enw	Ysgol	Amser	Pellter
3	Ethan Gregory	Cwm Rhymni – Gwyndy		10.24
4	Ryan Jenkins	Rhydywaun		9.81
5	Will Holmes	Garth Olwg		8.67
6	Alex Medicke	Gwyr		8.61
7	Iwan James	Bro Edern		8.52
8	Toby Williams	Strade		8.46
9	Boaz Johnson	Glantaf		8.35
10	Owain Thomas	Dyffryn Aman		8.29
11	Casey Williams	Bryntawe		6.97
12	Morgan Ward	Llangynwyd		6.94
13	Joseph Buckle	Llanhari		6.57

### Pwysau Bl. 9 Merched

1	Maisy Greenhalgh	Cwm Rhymni – Gelli Haf		9.33
2	Megan Phillips	Cwm Rhymni – Gwyndy		8.61
3	Lauren Forward	Ystalyfera		7.71
4	Medi Jones	Plasmawr		7.37
5	Holly Thompson	Llangynwyd		7.3
6	Poppi Uguen-Sykes	Glantaf		7.27
7	Eleri Pearson	Rhydywaun		7.15
8	Charlotte Llewellyn	Dyffryn Aman		7.09
9	Meg Davies	Gwyr		6.98
10	Hannah Williams	Llanhari		6.09
11	Jessica Lynn	Bryntawe		5.92
12	Molly-Mae Tannetta	Bro Edern		5.73
13	Emily Hopkins	Gwynllyw		5.03

**Pwysau Bl. 10 Bechgyn**

1	Lewis Jones	Llanhari	10.64
2	Garyn Phillips	Rhydywaun	10.13
3	Eddie Greenway	Cwm Rhymini – Gelli Haf	9.81
4	Aaron David	Dyffryn Aman	9.76
5	Rhys Mackenzie	Glantaf	9.19
6	Calder Devine	Gwyr	9.18
7	Steven Park	Gwynllyw	9.04
8	Elis Melville-Gray	Plasmawr	8.24

**Pwysau Bl. 10 Merched**

1	Georgina Savastano	Glantaf	7.46
2	Isobel Meek	Cwm Rhymini – Gelli Haf	7.45
3	Bethan Davies	Llanhari	6.4
4	Rhian Evans	Gwyr	6.36
5	Caitlin Davies	Ystalyfera	6.27
6	Zara Wiltshire	Rhydywaun	5.89
7	Branwen Richards	Bryntawe	5.51
8	Carys Bill	Plasmawr	5.41
9	Taylor Marie	Gwynllyw	4.78