

Merched Unigol CA3/ Individual Girls KS3

Enw/Name	Ysgol/School	Ardal/Area	Amser/Time 1:10 - 1:20	Start Value	Sgor/Score	POS
Daisy Wilks	St Cenydd	Gwent	01:14	15.1	11.96	5
Beth Allen	Alun	Fflint a Wreccsam	01:20	15.4	12.85	1
Georgia Williams	Pencoed	Morgannwg Ganol	01:10	15.4	12.65	2
Holly Horton	Prestatyn	Dinbych	01:14	14.3	10.15	9
Niamh Duggan	Penweddig	Ceredigion	01:12	15	11.10	6
Daisy Drage Ansell	Dyffryn Ogwen	Eryri	01:13	15.2	12.20	3
Larni Wlaker	Eirias	Conwy	01:16	14.8	10.80	7
Maisey Wilcocks	Llanfair ym Muallt	Brycheiniog a Maesyfed	01:22	14.5	10.15	9
Brooke Evans-Harries	Preseli	Sir Benfro	01:30	14.5	9.10	11
Amelia Dawber	Bro Myrddin	Gorllewin Myrddin	01:11	15.5	12.10	4
Tia Hayward	Gwyr	Gorllewin Morgannwg	01:13	14.6	10.55	8

Merched Unigol CA4/ Individual Girls KS4

Enw/Name	Ysgol/School	Ardal/Area	Amser/Time 1:10 - 1:20	Start Value	Sgor/Score	POS
Nicole Dighton	St Cenydd	Gwent	01:10	15.5	12.50	1
Megan Driscoll	Gwyr	Gorllewin Morgannwg	01:16	14	10.10	6
Georgia Roberts	Bryn Alyn	Fflint a Wreccsam	01:13	15.5	12.25	2
Glesni Powell	Aberhonddu	Brycheiniog a Maesyfed	01:15	15.2	11.70	3
Dionne Bassett	Dyffryn Aman	Dwyrain Myrddin	01:13	15.2	11.65	4
Aimee Butler	Eirias	Conwy	01:17	14.8	11.10	5

Bechgyn Unigol CA3/ Individual Boys KS3

Enw/Name	Ysgol/School	Ardal/Area	Amser/Time 1:10 - 1:20	Start Value	Sgor/Score	POS
Jack Prytherch	Aberhonddu	Brycheiniog a Maesyfed	00:52	13.8	8.35	8
Brandon James	Maesteg	Morgannwg Ganol	01:14	15.2	10.40	5
Regan Hancock	Plasmawr	Caerdydd a'r Fro	01:04	13.4	9.10	7
Aled Lewis	Cwm Rhymini	Gwent	00:51	14.4	9.65	6
Reggie Ingram	Glan Clwyd	Dinbych	01:07	15.5	11.05	3
Liam Beard	Y Strade	Dwyrain Myrddin	00:53	15.3	12.50	1
Filip Poczatek	Bro Pedr	Ceredigion	01:05	15.1	11.30	2
Thomas Boyce	Gwyr	Gorllewin Morgannwg	01:07	13.8	7.70	9
Cai Hardy	Llangefni	Ynys Mon	01:12	15	10.90	4

Bechgyn Unigol CA4/ Individual Boys KS4

Enw/Name	Ysgol/School	Ardal/Area	Amser/Time 1:10 - 1:20	Start Value	Sgor/Score	POS
Oliver Swingler	Morgan Llwyd	Fflint a Wreccsam	01:26	15.2	10.10	2
Theo Cabango	Plasmawr	Caerdydd a'r Fro	01:18	15	11.15	1

Parau CA3/ Pairs KS3

Enw/Name	Ysgol/School	Ardal/Area	Amser/Time 1:45 - 2:00	Start Value	Sgor/Score	POS
Charlotte a Bethan	Eirias	Conwy	01:45	13.8	8.80	10
Caitlin a Catrin	Gwyr	Gorllewin Morgannwg	01:49	14.8	10.05	7
Erin a Alys	Cwm Rhymini	Gwent	01:51	15.1	11.15	5
Romy a Maisie	Pencoed	Morgannwg Ganol	01:46	15.5	12.35	1
Hannah a Megan	Penweddig	Ceredigion	01:39	15.2	11.60	4
Nia a Calan	Morgan Llwyd	Fflint a Wreccsam	01:46	15.4	12.25	2
Ffion a Liwsi	Strade	Dwyrain Myrddin	01:47	15	10.05	7

Ffion a Nel	Syr Hugh Owen	Eryri	01:50	14.7	10.25	6
Mia a Alice	Plasmawr	Caerdydd a'r Fro	01:50	15.4	11.90	3
Evie a Lola	Frenhines Elisabeth	Gorllewin Myrddin	01:48	14.9	9.15	9

Parau CA4/ Pairs KS4

Enw/Name	Ysgol/School	Ardal/Area	Amser/Time 1:45 - 2:00	Start Value	Sgor/Score	POS
Amelia a Freya	Alun	Fflint a Wrecsam	01:34	15.1	10.05	5
Elin a Kayleigh	Dyffryn Aman	Dwyrain Myrddin	01:53	14.9	11.70	3
Caitlin a Georgia	Plasmawr	Caerdydd a'r Fro	01:47	15.5	12.50	2
Lauren a Nicole	St Cenydd	Gwent	01:53	15.5	12.70	1
Aimee a Elen	Eirias	Conwy	01:59	15	11.30	4

Triawdau CA3/ Trios KS3

Enw/Name	Ysgol/School	Ardal/Area	Amser/Time 1:45 - 2:00	Start Value	Sgor/Score	POS
Mai, Megan a Rihanna	Gwyr	Gorllewin Morgannwg	01:52	14.2	9.20	6
Darland	Darland	Fflint a Wrecsam	01:53	15	11.30	2
Penweddig	Penweddig	Ceredigion	01:33	14.8	9.65	5
Maesteg	Maesteg	Morgannwg Ganol	01:46	14.7	9.70	4
Talish, Marli a Lexie	Cwm Rhymni	Gwent	01:24	14.2	8.50	7
Jessie, Elen a Calia	Eirias	Conwy	01:47	14.9	10.10	3
Katie, Rhian a Samara	Plasmawr	Caerdydd a'r Fro	01:48	14.8	11.70	1

Triawdau CA4/ Trios KS4

Enw/Name	Ysgol/School	Ardal/Area	Amser/Time 1:45 - 2:00	Start Value	Sgor/Score	POS
Rhian, Eve a Ffion	Eirias	Conwy	01:55	15.4	10.25	2
Caitlin, Georgia a Maisie	Plasmawr	Caerdydd a'r Fro	01:45	15.5	12.25	1

Grwp CA3/ Group KS3

Ysgol/School	Ardal/Area	Amser/Time 2:15 - 2:30	Start Value	Sgor/Score	POS
Ysgol Esgob Llandaf	Caerdydd a'r Fro	02:15	15.5	12.30	1
Ysgol Gyfun Gwyr	Gorllewin Morgannwg	02:15	14.6	9.90	4
Aberhonddu	Brycheiniog a Maesyfed	02:31	14.9	8.90	5
Ysgol Morgan Llwyd	Fflint a Wrecsam	02:30	15.3	11.90	2
Y Strade	Dwyrain Myrddin	02:16	14.9	10.10	3
Ysgol Eirias	Conwy	02:01	14.6	8.40	6

Grwp CA4/ Group KS4

Ysgol/School	Ardal/Area	Amser/Time 2:15 - 2:30	Start Value	Sgor/Score	POS
Morgan Llwyd	Flint a Wrecsam	02:20	15.1	10.90	2
Ysgol Esgob Llandaf	Caerdydd a'r Fro	02:19	15.5	12.20	1
Ysgol Eirias	Conwy	02:16	15.4	10.80	3
Gwyr	Gorllewin Morgannwg	02:11	15	9.30	4