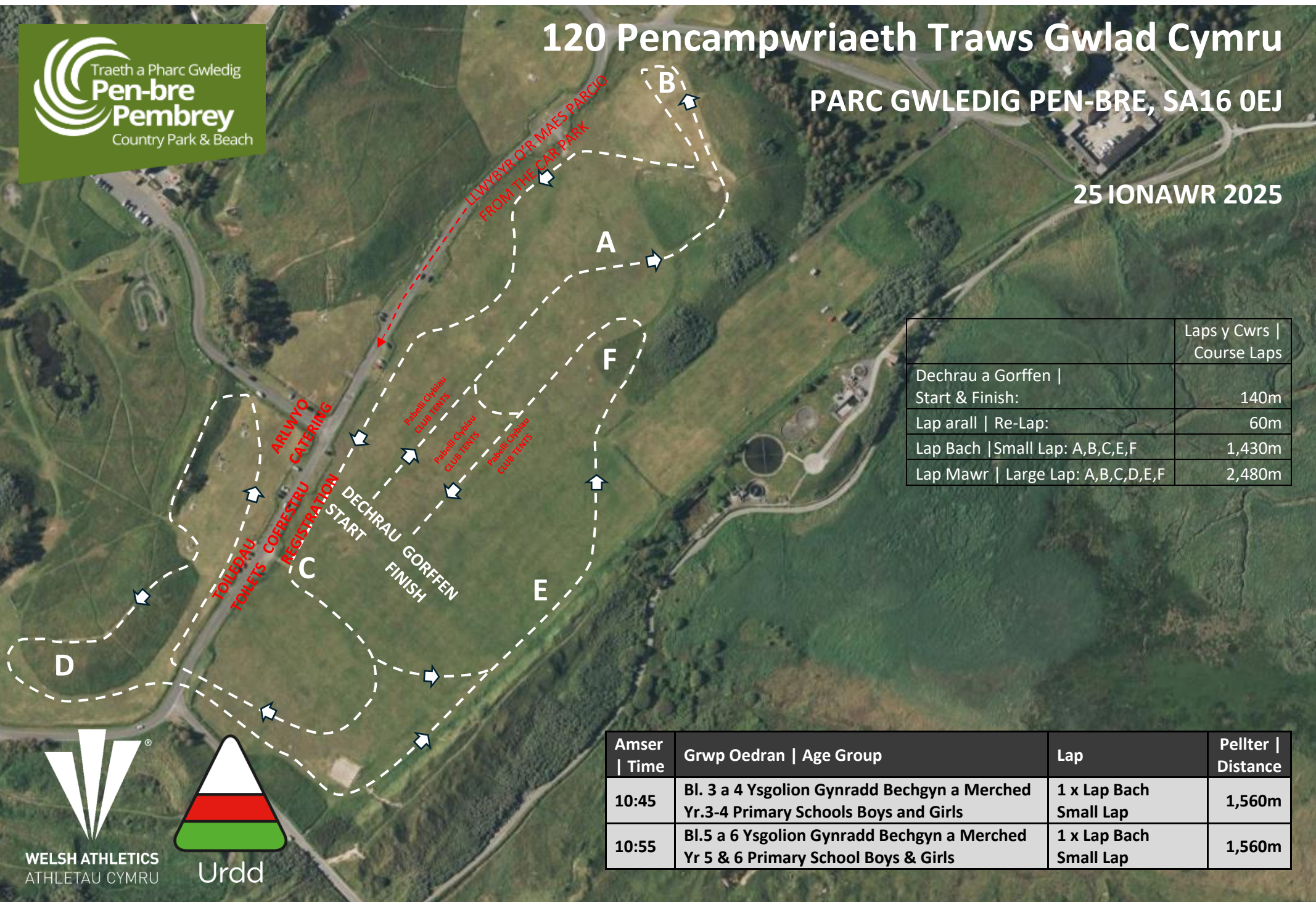


120 Pencampwriaeth Traws Gwlad Cymru

PARC GWLEDIG PEN-BRE, SA16 0EJ

25 IONAWR 2025



	Laps y Cwrs Course Laps
Dechrau a Gorffen Start & Finish:	140m
Lap arall Re-Lap:	60m
Lap Bach Small Lap: A,B,C,E,F	1,430m
Lap Mawr Large Lap: A,B,C,D,E,F	2,480m

Amser Time	Grwp Oedran Age Group	Lap	Pellter Distance
10:45	Bl. 3 a 4 Ysgolion Gynradd Bechgyn a Merched Yr.3-4 Primary Schools Boys and Girls	1 x Lap Bach Small Lap	1,560m
10:55	Bl.5 a 6 Ysgolion Gynradd Bechgyn a Merched Yr 5 & 6 Primary School Boys & Girls	1 x Lap Bach Small Lap	1,560m



WELSH ATHLETICS
ATHLETAU CYMRU



Urdd