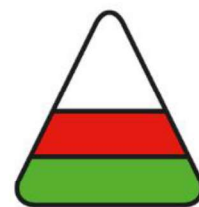


# Urdd Sport Competition Rules

## 2024-25

### Primary Schools Competitions



Urdd

 ChwaraeonyrUrdd

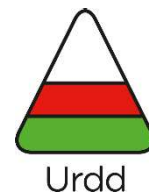


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 ChwaraeonUrdd



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## General Rules for Chwaraeon yr Urdd Competitions

### 1) Order of the day

The majority of competitions will be held during the school day and teams will be asked to register from 09:00 with the first games starting at 10:00. We ask that schools are punctual to ensure that the event runs on time. The officer running the event will share details regarding the finishing times with you prior to the event. Schools must be able to complete all of the games to be able to progress in the tournament and to qualify for the national finals.

### 2) Group game points

The following points structure will be adopted at each regional competition:

3 points for a win | 1 point for a draw | 0 points for losing a game

If teams are level on points within a group after all group games are finished, the following will determine who progresses:

- 1: Goals Scored (the team with the most goals scored wins)
- 2: Goals Conceded (the team with the least goals conceded wins)
- 3: Head to head results between the drawing teams
- 4: Coin toss between the two coaches

If a team withdraws from the competition before completing every group game, a 'bye' will be given for each game that they have played and are scheduled to play. A standard score will be given to each game recorded as a bye.

In the event of having to calculate the best 2<sup>nd</sup> place team where groups are uneven, the following will determine who progresses:

1. Number of games lost
2. Number of games drawn
3. Average of the goals scored
4. Average of the goals conceded
5. Toss of a coin

### 3) Final round results (different rule for cricket)

The winner of a game in the final rounds will progress to the next round, the losing team are out of the tournament.

If scores are level after full time in the final rounds, then the game will go to golden goal/try (except for Netball which will have extra-time before the golden goal). A coin toss before the extra time/golden goal will need to be done to find out who holds possession. In the football competitions, a penalty shoot-out will proceed the golden goal – best of 5 penalties and then knock out penalties if still even. In the rugby and netball, if a winner isn't determined by golden goal within the allotted time, a coin toss will decide the game, this will be done between both coaches.

#### **4) Players**

Each competition allows for a maximum of 12 in a squad.

Individuals from Year 4 are able to play in the football, netball and Tag rugby competitions for years 5-6 if an extra player is needed to make a team. The school will need to gain consent from the parent of the child that is in Yr.4 and return a signed letter to allow them to take part. Please contact your local sport officer for a copy of the consent letter.

Year 4 students are not allowed to take part in the open rugby competition for Yrs. 5-6. Students in year 2 are not allowed to take part in any of the competitions for Yrs.3-4.

The Urdd Primary Schools sports competitions offer a female category, mixed and an open category. Participants can compete within the category they identify with most. To see the Urdd sport competitions transgender statement please follow the link:  
<https://bit.ly/DatganiadCystadlaethau>

Mixed Competition: Please see how many boys and girls need to be in each team

Open Competition: Teams can be made up of any combination of boys and girls (teams can be made up of all girls or all boys)

Schools that are within a federation must comply with the Urdd Sport departments ruling to be able to take part: [Federation School Rule](#)

Teams must arrive with at least 7 players (except for 50|50 Cricket). In the event that a team doesn't have 7 players due to injury or illness on the day, both teams must start the game with an even number of players.

If a player receives a red card during a game, they will be sent off for the rest of the game and will not be allowed to play again during the tournament.

#### **5) Substitutes**

There isn't a limit on the number of substitutes a team can make, subs must be made during a break in play and the referee must be happy and aware of the change. Any substitutions in a Netball tournament must be made at half time (please see the rule below).

Any player that leaves the pitch due to a head injury must be assessed by the first aid team before being allowed to play again. It's the responsibility of the teacher/coach to make sure the player is assessed.

#### **6) Urdd Membership**

Everyone that takes part in an Urdd sport competition must be a member of the Urdd. We'd like to remind you that any student that receives financial support is able to become a member of the Urdd for £1. The Urdd are able to invoice the school if they are to find out that students taking part in the competitions aren't members of the Urdd. For further details on how individuals can become members of the Urdd, please follow the link:

<https://www.urdd.cymru/en/join/>

## **7) Referees and Umpires**

The referees decision **is final**. If any individuals or teams are disrespectful towards staff. Volunteers or referees/umpires it could lead to the team losing their place in the competition. Read more about our code of conduct here: <https://bit.ly/3qLe8ne>

Referees/umpires and Urdd staff are able to adapt the playing rules to meet the standard of play and the weather conditions.

## **8) Scoring**

Referees will score games (except for Netball where teachers will do so). Coaches/teachers must sign the score card following each game. If there are any disagreements over the score between coaches, the Urdd staff or referee/umpires decision is final.

## **9) Medical**

Teams must understand that there is an inherent risk of injury attached to participating in sport competitions. We ask that teams bring with them a simple first aid kit.

The Urdd will make sure that there is sufficient First Aid cover at each competition. It's the teachers responsibility to make sure that this service is used and that any health concerns are assessed.

Teams must contact the Urdd mentioning any relevant health conditions of people attending the event.

The referee/umpire or Urdd staff are permitted to prevent players from playing if they are worried for their safety.

## **10) Kit**

No items of jewellery, including earrings, or sharp items in the hair are permitted to be worn apart from for medical reasons.

Players must wear appropriate sports wear, which includes shoes/boots depending on the playing surface.

## **11) General**

The Urdd must be made aware of any pupil(s) who do not want to have their photo taken. More information is available on The Urdd's Photography Policy: [https://www.urdd.cymru/files/8617/1984/4910/Telerau\\_ac\\_amodau\\_2024-25.pdf](https://www.urdd.cymru/files/8617/1984/4910/Telerau_ac_amodau_2024-25.pdf)

Most competitions will take place in public spaces. It's the responsibility of the coaches/teachers to make sure that their students behave during the competition. We ask that schools put all of their rubbish in the bins provided.

It's the school's responsibility to make sure that the ratio of teachers/coaches to students is at the required level. We ask that there is at least one teacher/coach per team.

It's the responsibility of the coach/teacher to make sure that their team is next to the pitch on time. We ask that teams are ready by the pitch/court at least 5 mins before their next game so that they can decide who will take the kick off/centre pass.

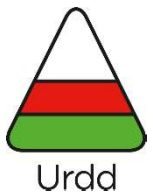
If teams are late, they are at risk of losing the game that they are scheduled to play.

The Urdd will confirm if parents/spectators are allowed to attend the competitions or not. The Urdd have the right to refuse entry to parents/spectators. Any communication regarding the competition should be made by the school, the Urdd will not except complaints from parents or spectators.

## **12) Fair Play**

We'd like to thank you for showing interest in our sport competitions. These competitions are designed to develop sport skills but also the social skills of the young people of Wales and sharing the importance of fair play. Please support us with this aim and contribute to a positive and respectful atmosphere for those taking part.

**Good luck and enjoy!**



## Year 3&4 - 5 a Side Football – (Mixed)

### Squad

Year 3 & 4 (Year 2 pupils are not permitted to play)

Up to 7 players in a squad, with 5 playing at one time (**teams must play with at least 1 boy and 1 girl on the pitch**)

### Time

- No game should last more than 7mins each half
- The golden goal period shouldn't last more than 5 mins each half

### Play area

- The pitch size should be around 35yds x 25yds
- Recommended goal size 12ft 6ft
- The goal area extends 7yds from the goal line across the width of the pitch, marked with cones on the touchline or discs across the pitch

### Goalkeeper

- The Goalkeeper must throw the ball from their hands and not kick it. Drop-kicks or a kick out of hands are **not** allowed.
- Goalkeepers may play the ball on the floor with their feet during open play (note that the keeper can be challenged in this scenario)
- The Goalkeeper can hold the ball within the penalty area and there is no limitation on the number of steps they can take
- A goal kick from the floor can be taken anywhere on the edge of the penalty area
- The opposition players must be a minimum of 10 yards away from the point where the goalkeeper has the ball to encourage build up play
- A goalkeeper **can** pick up the ball (in the goal area) if it has been passed to him/her by a teammate

### Corner/Free Kicks

- All free kicks are indirect. The defending team must be at least 3 yards away from the ball
- There are no penalty kicks
- Corner kicks are as standard, but the defending team must be at least 3 yards from the ball.

### Penalty Kicks – knockout rounds

- If games go to penalty kicks, the players that finish the game at the end of the golden goal period must be the players that take the penalty kicks. Teams are not allowed to change their goalkeeper.
- Best of 5 penalties. Then onto knock out penalties if scores are still level.

### Pass in / Throw in

- The method of restarting play when the whole of the ball passes over the touchline is by a pass in.
- The ball must be stationary from the point where it left the pitch before it is kicked to restart play.
- The ball must not be kicked overhead height.
- A goal may not be scored directly from a pass in.
- The opposition must be 3 yards away from where the ball is placed

## General Rules

- The ball should be a size **3**
- Kick off from the centre of the field to start the game and after a goal is scored, defending team must be 3 yards away and goals aren't permitted immediately from the kick-off
- Throw ins should be taken the normal way
- Substitutes may be used at any time during a game
- There is no restriction on the number of players allowed in the goal area
- **All players must wear shin pads to be allowed to play – the Urdd will not be providing these**
- There is no off-side rule