

Sport, Leisure and Active Well-being

LEVEL 2 APPRENTICESHIP IN SPORT, LEISURE AND ACTIVE WELL-BEING



The apprenticeship is suitable for:

Individuals that work, or who are looking to work in a role where they are required to deliver sport or active leisure activity sessions. This can include sport organisations, schools, leisure centres or outdoor centres.

The 15-month programme contains:

NVQ in Activity Leadership or NVQ in Leading Exercise and Fitness

And one the following:

- Certificate in Coaching
- Certificate in Introductory Work in the Outdoors
- Certificate in Supporting Physical Activity within the School Environment
- Certificate in Gym Instructing (Fitness pathway only)

Information to remember:

To start an apprenticeship in Wales, you need to:

- be aged 16 or over (no upper age limit)
- live in Wales
- not be in full-time education
- not be in receipt any other Welsh Government funding

If you are looking to undertake an apprenticeship qualification as a way of upskilling in your current role, you will also need to:

- be working for at least 16 hours a week
- have the support of your employer to undertake the qualification
- be working in a qualification-relevant role
- be employed for at least 51% of your contracted hours in Wales

Information for employers:

An apprenticeship can be a way to recruit and develop new talent or an affordable way to develop your current workforce. The Urdd are funded by Welsh Government to deliver apprenticeships, and there would be no costs outside that of your normal employment costs.

The Urdd can support you with recruitment, choosing a programme, ensuring compliance, and promoting bilingualism. Our expert team are available to guide you from start to finish, including celebrating success at the end of the programme.

Urdd Apprenticeship Department

The Urdd's Apprenticeship Department is a recognised training provider, which has been providing apprenticeships since 2014. The Urdd specialises in providing bilingual and Welsh language programmes, whatever your current language skills.

Essential Skills HWB

All apprenticeship programmes include elements of Essential skills. The HWB specialises in helping apprentices develop their communication, numeracy and digital literacy skills. Depending on your current qualifications, some Essential skills qualifications will need to be completed as part of your programme. Our expert team will guide you every step of the way.

Assessment Methods and what to expect:

The programme's assessment methods can be tailored to suit each individual. The programme includes face-to-face workshops, online workshops, independent learning, written work, professional discussions and observations.